



NATIONAL TEAM OPEN: SERC & POOL

VENUE: GOLD COAST AQUATIC CENTRE SOUTHPORT
DATE: WEDNESDAY, 28th AUGUST: SERC
THURSDAY 28th AUGUST and THURSDAY, 30th August 2024: POOL

COMPETITION PROGRAMME

- Notes:**
1. There will be on-line briefing by the Chief Referee for Technical Officials and Team Managers. Details and date to be advised
 2. There will be on-line briefings by the Safety Officer for Technical Officials. Details and date to be advised.
 3. On Tuesday, 27th August there will be a meeting of the Chief Referees and Deputy Chief Referees and Event Directors for SERC with the Local Organising Committee from 09h00 to 10h00.
 4. On Wednesday 28th August there will be a meeting of the Chief Referees and Deputy Chief Referees and Event Directors with the Local Organising Committee from 09h00 to 10h00.

TUESDAY: 27th AUGUST

LWC OPENING CEREMONY		VENUE
16h00 – 18h00	Lifesaving World Championships Opening Ceremony	Kurrawa, Broadbeach

WEDNESDAY: 28th AUGUST

NATIONAL TEAMS OPEN SERC COMPETITION

BRIEFINGS	
07h00	Safety Meeting
07h15	Daily Competition Committee Meeting
After last event	EMC/LOC meeting

NATIONAL TEAMS OPEN SERC COMPETITION

Time	Event	Type
11h00	Team Managers briefing by Chief Referee	
11h15	Technical Officials briefing by Chief Referee	
11h15	Lock-up open	
11h15	Lock-up closes	
11h30	Preparation of pool and Test Run	
12h00	SERC competition	Heats
13h45	Technical Official briefing by Chief Referee	
14h00	Lock-up commences for Open Teams finalists	
14h15	Lock-up closes Open Teams finalists	
14h30	Preparation of pool and Test Run	
14h45	SERC final for Open Teams	Final

NATIONAL TEAMS OPEN SERC COMPETITION		
Time	Event	Type
16h45	Victory Ceremony –National Open Teams	
End of National Teams Open SERC Proceedings		

THURSDAY: 29 AUGUST

NATIONAL TEAMS OPEN POOL COMPETITION: DAY 1

BRIEFINGS	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

NATIONAL TEAMS: OPEN POOL COMPETITION: DAY 1 HEATS

Time	Gender	Event	Type
06h30	Warm-up in the competition pool		
07h30	Marshalling commences		
08h00	Women	200m Obstacle Swim	Heats
08h20	Men	200m Obstacle Swim	Heats
08h45	Women	4 x 50m Obstacle Relay	Heats
09h00	Men	4 x 50m Obstacle Relay	Heats
09h20	Women	Line Throw	Heats
09h35	Men	Line Throw	Heats
09h50	Removal of obstacles, preparation of pool		
10h00	Women	100m Rescue Medley	Heats
10h25	Men	100m Rescue Medley	Heats
11h00	Women	100m Manikin Tow with Fins	Heats
11h20	Men	100m Manikin Tow with Fins	Heats
11h45	Mixed	4 x 50m Mixed Pool Lifesaver Relay	Heats
12h00	End of Session		

NATIONAL TEAMS: OPEN POOL COMPETITION: DAY 1 FINALS

Time	Gender	Event	Type
13h00	Warm-up in the competition pool		
13h45	Marshalling commences		
14h00	Women	200m Obstacle Swim	B-A Final
14h15	Men	200m Obstacle Swim	B-A Final
14h30	Women	4 x 50m Obstacle Relay	B-A Final
14h45	Men	4 x 50m Obstacle Relay	B-A Final
15h00	Women	Line Throw	B-A Final
15h10	Men	Line Throw	B-A Final
15h20	Victory Ceremony 200m Obstacle Swim		Men & Women
15h35	Victory Ceremony 4 x 50m Obstacle Relay		Men & Women
16h00	Women	100m Rescue Medley	B-A Final
16h15	Men	100m Rescue Medley	B-A Final

NATIONAL TEAMS: OPEN POOL COMPETITION: DAY 1 FINALS			
Time	Gender	Event	Type
16h30	Victory Ceremony Line Throw		Men & Women
16h45	Women	100m Manikin Tow with Fins	B-A Final
17h00	Men	100m Manikin Tow with Fins	B-A Final
17h15	Mixed	4 x 50m Mixed Pool Lifesaver Relay	B-A Final
17h30	End of Competition - Day 1		
17h30	Victory Ceremony 100m Rescue Medley		Men & Women
17h45	Victory Ceremony 100m Manikin Tow with Fins		Men & Women
18h00	Victory Ceremony 4 x 50m Mixed Pool Lifesaver Relay		Mixed
18h10	End of Day 1 Proceedings		

FRIDAY: 30 AUGUST

NATIONAL TEAMS: OPEN POOL COMPETITION: DAY 2

BRIEFINGS	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Referee
07h15	Technical Officials daily briefing by Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

NATIONAL TEAMS OPEN POOL COMPETITIONS: DAY 2 HEATS

Time	Gender	Event	Type
06h30	Warm-up in the competition pool		
07h45	Marshalling commences		
08h00	Female	100m Manikin Carry with Fins	Heats
08h20	Male	100m Manikin Carry with Fins	Heats
08h45	Female	50m Manikin Carry	Heats
09h05	Male	50m Manikin Carry	Heats
09h30	Female	4 x 25m Manikin Relay	Heats
09h45	Male	4 x 25m Manikin Relay	Heats
10h00	Female	200m Super Lifesaver	Heats
10h30	Male	200m Super Lifesaver	Heats
11h00	Female	4 x 50m Medley Relay	Heats
11h15	Male	4 x 50m Medley Relay	Heats
11h30	End of Session		

NATIONAL TEAMS: OPEN POOL COMPETITIONS: DAY 2 FINALS

Time	Gender	Event	Type
12h30	Warm-up in the competition pool		
13h15	Preparation of pool		
13h15	Marshalling commences		
13h30	Women	100m Manikin Carry with Fins	B-A Final
13h40	Men	100m Manikin Carry with Fins	B-A Final
13h50	Women	50m Manikin Carry	B-A Final

NATIONAL TEAMS: OPEN POOL COMPETITIONS: DAY 2 FINALS			
Time	Gender	Event	Type
14h00	Men	50m Manikin Carry	B-A Final
14h15	Victory Ceremony 100m Manikin Carry with Fins		
14h30	Women	4 x 25m Manikin Relay	B-A Final
14h45	Men	4 x 25m Manikin Relay	B-A Final
15h00	Victory Ceremony 50m Manikin Carry		
15h15	Women	200m Super Lifesaver	B-A Final
15h30	Men	200m Super Lifesaver:	B-A Final
15h45	Victory Ceremony 4 x 25m Manikin Relay		
16h00	Women	4 x 50m Medley Relay	B-A Final
16h15	Men	4 x 50m Medley Relay	B-A Final
16h30	End of Competition - Day 2		
16h30	Victory Ceremony 200m Super Lifesaver		Men & Women
16h45	Victory Ceremony 4 x 50m Medley Relay		Men & Women
17h00	Victory Ceremony Grand Aggregate Open Pool Events		
17h15	Closing of the National Teams Open Championships		
End of National Teams Open Pool Competition Proceedings			

Notes:

1. Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.
2. The programme will be reviewed after entries have closed and may change due to conditions and exigencies of the situation and is subject to change.



NATIONAL TEAM YOUTH: POOL
Venue: Gold Coast Aquatic Centre Southport
DATE:

WEDNESDAY, 28th AUGUST 2024: SERC
SATURDAY, 31st AUGUST to SUNDAY 1st SEPTEMBER 2024: POOL

COMPETITION PROGRAMME

- Notes:**
1. There will be on-line briefing by the Chief Referee for Technical Officials and Team Managers. Details and date to be advised
 2. There will be on-line briefings by the Safety Officer for Technical Officials. Details and date to be advised.
 3. On Tuesday, 27th August there will be a meeting of the Chief Referees and Deputy Chief Referees and Event Directors for SERC with the Local Organising Committee from 09h00 to 10h00
 4. On Wednesday 28th August there will be a meeting of the Chief Referees and Deputy Chief Referees and Event Directors with the Local Organising Committee from 09h00 to 10h00.

WEDNESDAY: 28th AUGUST

NATIONAL TEAMS YOUTH SERC COMPETITION

BRIEFINGS

07h00	Safety Meeting
07h15	Daily Competition Committee Meeting
07h30	Team Managers briefing by Chief Referee
08h00	Technical Officials briefing by Chief Referee
After last event	EMC/LOC meeting

NATIONAL TEAMS YOUTH SERC COMPETITION

Time	Event	Type
08h00	Lock-up open for Youth Teams	
08h15	Lock-up closes Youth Teams	
08h315	Preparation of pool and Test Run	
09h00	SERC final for Youth Teams	Final
11h00	Victory Ceremony – National Youth Teams	
End of National Teams Youth SERC Competition		

SATURDAY: 31 AUGUST

NATIONAL TEAMS YOUTH POOL COMPETITION: DAY 1

BRIEFINGS

06h00	Safety Meeting
06h30	Daily Competition Committee Meeting

BRIEFINGS	
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

NATIONAL TEAMS YOUTH POOL COMPETITION: DAY 1 HEATS			
Time	Gender	Event	Type
06h30	Warm-up in the competition pool		
07h30	Preparation of the pool		
07h45	Marshalling commences		
08h00	Women	200m Obstacle Swim	Heats
08h15	Men	200m Obstacle Swim	Heats
08h30	Women	4 x 50m Obstacle Relay	Heats
08h40	Men	4 x 50m Obstacle Relay	Heats
09h00	Women	Line Throw	Heats
09h10	Men	Line Throw	Heats
09h20	Removal of obstacles, preparation of pool		
09h30	Women	100m Rescue Medley	Heats
09h45	Men	100m Rescue Medley	Heats
10h00	Women	100m Manikin Tow with Fins	Heats
10h15	Men	100m Manikin Tow with Fins	Heats
10h30	Mixed	4 x 50m Mixed Pool Lifesaver Relay	Heats
10h45	End of Session		

NATIONAL TEAMS YOUTH POOL COMPETITION: DAY 1 FINALS			
Time	Gender	Event	Type
12h00	Warm-up in the competition pool		
12h45	Marshalling commences		
13h00	Women	200m Obstacle Swim	B-A Final
13h15	Men	200m Obstacle Swim	B-A Final
13h30	Women	4 x 50m Obstacle Relay	B-A Final
13h45	Men	4 x 50m Obstacle Relay	B-A Final
14h00	Women	Line Throw	B-A Final
14h10	Men	Line Throw	B-A Final
14h20	Victory Ceremony 200m Obstacle Swim		
14h35	Victory Ceremony 4 x 50m Obstacle Relay		
15h00	Women	100m Rescue Medley	B-A Final
15h15	Men	100m Rescue Medley	B-A Final
15h30	Victory Ceremony Line Throw		
15h45	Women	100m Manikin Tow with Fins	B-A Final
16h00	Men	100m Manikin Tow with Fins	B-A Final
16h15	Mixed	4 x 50m Mixed Pool Lifesaver Relay	B-A Final
16h30	End of Competition - Day 1		
16h30	Victory Ceremony 100m Rescue Medley		Men & Women
16h45	Victory Ceremony 100m Manikin Tow with Fins		Men & Women
17h00	Victory Ceremony 4 x 50m Mixed Pool Lifesaver Relay		Mixed
17h10	End of Day 1 Proceedings		

NATIONAL TEAMS YOUTH POOL COMPETITION: DAY 2

BRIEFINGS

06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

NATIONAL TEAMS YOUTH POOL COMPETITIONS: DAY 2 HEATS

Time	Gender	Event	Type
06h30	Warm-up in the competition pool		
07h30	Preparation of pool		
07h45	Marshalling commences		
08h00	Women	100m Manikin Carry with Fins	Heats
08h10	Men	100m Manikin Carry with Fins	Heats
08h30	Women	50m Manikin Carry	Heats
08h45	Men	50m Manikin Carry	Heats
09h00	Women	4 x 25m Manikin Relay	Heats
09h10	Men	4 x 25m Manikin Relay	Heats
09h30	Women	200m Super Lifesaver	Heats
09h50	Men	200m Super Lifesaver	Heats
10h30	Women	4 x 50m Medley Relay	Heats
10h40	Men	4 x 50m Medley Relay	Heats
10h50	End of Session		

NATIONAL TEAMS YOUTH POOL COMPETITION: DAY 2 FINALS

Time	Gender	Event	Type
12h00	Warm-up in the competition pool		
12h45	Marshalling commences		
13h00	Women	100m Manikin Carry with Fins	B-A Final
13h10	Men	100m Manikin Carry with Fins	B-A Final
13h20	Women	50m Manikin Carry	B-A Final
13h30	Men	50m Manikin Carry	B-A Final
13h45	Women	4 x 25m Manikin Relay	B-A Final
14h00	Men	4 x 25m Manikin Relay	B-A Final
14h15	Women	200m Super Lifesaver	B-A Final
14h30	Men	200m Super Lifesaver	B-A Final
14h45	Women	4 x 50m Medley Relay	B-A Final
15h00	Men	4 x 50m Medley Relay	B-A Final

End of Competition - Day 2. All teams to move to Kurrawa Beach for the Victory Ceremony and Closing Ceremony

NATIONAL TEAMS YOUTH POOL: VICTORY CEREMONY: DAY 2 TO BE HELD AT KURRAWA BEACH		
Time	Event	Gender
16h30	Victory Ceremony Youth 100m Manikin Carry With Fins	Men & Women
	Victory Ceremony Youth 50m Manikin Carry	Men & Women
	Victory Ceremony Youth 4 x 25m Manikin Relay	Men & Women
	Victory Ceremony Youth 200m Super Lifesaver	Men & Women
	Victory Ceremony Youth 4 x 50m Medley Relay	Men & Women
	Victory Ceremony Grand Aggregate Youth Pool Events	
	Victory Ceremony Grand Aggregate Youth Pool, Ocean and Beach Events	
	Closing of the National Teams Open and Youth Championships	
	End of National Teams Open and Youth Championships	

Notes

1. Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.
2. This is a draft programme and subject to change.