



INTERCLUB MASTERS: POOL CHAMPIONSHIPS
VENUE: GOLD COAST AQUATIC CENTRE, SOUTHPORT
DATE: FRIDAY, 23rd to SUNDAY, 25th AUGUST, 2024

COMPETITION PROGRAMME

- Notes:**
1. There will be on-line briefing by the Chief Referee for Technical Officials and Team Managers. Details and date to be advised
 2. There will be on-line briefings by the Safety Officer for Technical Officials. Details and date to be advised.
 3. On Wednesday, 28th August there will be a meeting of the Chief Referees, Deputy Chief Referees and Event Directors with the Local Organising Committee from 09h00 to 10h00 at the Gold Coast Aquatic Centre, Southport

FRIDAY: 23rd AUGUST

INTERCLUB MASTERS TEAMS: POOL COMPETITION: DAY 1

BRIEFINGS	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Sectional Referees
07h30	Opening of Interclub Masters Championships
07h45	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

INTERCLUB MASTERS TEAMS: POOL COMPETITION: DAY 1 HEATS

Time	Event	Gender	Age Group	Type
06h30	Warm-up in the competition pool			
07h30	Opening of Interclub Masters Championships			
07h45	Marshalling commences			
08h00	200m Obstacle Swim	Men/Women	30-34	Time - Final
	200m Obstacle Swim	Men/Women	35-39	Time – Final
	200m Obstacle Swim	Men/Women	40-44	Time – Final
	200m Obstacle Swim	Men/Women	45-49	Time – Final
	200m Obstacle Swim	Men/Women	50-54	Time – Final
	100m Obstacle Swim	Men/Women	55-59	Time – Final
	100m Obstacle Swim	Men/Women	60-64	Time – Final
	100m Obstacle Swim	Men/Women	65-69	Time – Final
	100m Obstacle Swim	Men/Women	70-74	Time – Final
	100m Obstacle Swim	Men/Women	75+	Time – Final
	4 x 50m Obstacle Relay	Men/Women	120 – 139	Time – Final

INTERCLUB MASTERS TEAMS: POOL COMPETITION: DAY 1 HEATS				
Time	Event	Gender	Age Group	Type
	4 x 50m Obstacle Relay	Men/Women	140 – 169	Time - Final
	4 x 50m Obstacle Relay	Men/Women	170 – 199	Time - Final
	4 x 50m Obstacle Relay	Men/Women	200 – 229	Time - Final
	4 x 50m Obstacle Relay	Men/Women	230+	Time - Final
Break				
	Line Throw	Men/Women	30-34	Time - Final
	Line Throw	Men/Women	35-39	Time – Final
	Line Throw	Men/Women	40-44	Time – Final
	Line Throw	Men/Women	45-49	Time – Final
	Line Throw	Men/Women	50-54	Time – Final
	Line Throw	Men/Women	55-59	Time – Final
	Line Throw	Men/Women	60-64	Time – Final
	Line Throw	Men/Women	65-69	Time – Final
	Line Throw	Men/Women	70-74	Time – Final
	Line Throw	Men/Women	75+	Time – Final
End of Competition - Day 1				

INTERCLUB MASTERS TEAMS: POOL COMPETITION: DAY 1: VICTORY CEREMONY		
Time	Event	Gender
	Victory Ceremony Obstacle Swim	Men & Women
	Victory Ceremony 4 x 50m Obstacle Relay	Men & Women
	Victory Ceremony Line Throw	Men & Women
End of Day 1 Proceedings		

Note: VICTORY CEREMONY - will be conducted at various times during the day

SATURDAY: 24th AUGUST

INTERCLUB MASTERS TEAMS: POOL COMPETITION: DAY 2

BRIEFINGS	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

INTERCLUB MASTERS TEAMS: POOL COMPETITION: DAY 2 HEATS				
Time	Event	Gender	Age Group	Type
06h30	Warm-up in the competition pool			
07h30	Marshalling commences			
08h00	100m Manikin Tow with Fins	Men/Women	30-34	Time - Final
	100m Manikin Tow with Fins	Men/Women	35-39	Time – Final
	100m Manikin Tow with Fins	Men/Women	40-44	Time – Final
	100m Manikin Tow with Fins	Men/Women	45-49	Time – Final
	100m Manikin Tow with Fins	Men/Women	50-54	Time – Final
	100m Manikin Tow with Fins	Men/Women	55-59	Time – Final

INTERCLUB MASTERS TEAMS: POOL COMPETITION: DAY 2 HEATS				
Time	Event	Gender	Age Group	Type
	100m Manikin Tow with Fins	Men/Women	60-64	Time – Final
	100m Manikin Tow with Fins	Men/Women	65-69	Time – Final
	100m Manikin Tow with Fins	Men/Women	70-74	Time – Final
	100m Manikin Tow with Fins	Men/Women	75+	Time – Final
Break				
	50m Manikin Carry	Men/Women	30-34	Time - Final
	50m Manikin Carry	Men/Women	35-39	Time – Final
	50m Manikin Carry	Men/Women	40-44	Time – Final
	50m Manikin Carry	Men/Women	45-49	Time – Final
	50m Manikin Carry	Men/Women	50-54	Time – Final
	50m Manikin Carry	Men/Women	55-59	Time – Final
	50m Manikin Carry	Men/Women	60-64	Time – Final
	50m Manikin Carry	Men/Women	65-69	Time – Final
	50m Manikin Carry	Men/Women	70-74	Time – Final
	50m Manikin Carry	Men/Women	75+	Time - Final
Break				
	4 x 50m Medley Relay	Men/Women	120 – 139	Time - Final
	4 x 50m Medley Relay	Men/Women	140 – 169	Time – Final
	4 x 50m Medley Relay	Men/Women	170 – 199	Time – Final
	4 x 50m Medley Relay	Men/Women	200 – 229	Time – Final
	4 x 50m Medley Relay	Men/Women	230+	Time – Final
End of Competition - Day 2				

INTERCLUB MASTERS TEAMS: POOL COMPETITION: DAY 2: VICTORY CEREMONY		
Time	Event	Gender
	Victory Ceremony 100m Manikin Tow with Fins	Men & Women
	Victory Ceremony 50m Manikin Carry	Men & Women
	Victory Ceremony 4 x 50m Medley Relay	Men & Women
End of Day 2 Proceedings		

Note: VICTORY CEREMONY - will be conducted at various times during the day

SUNDAY: 25th AUGUST

INTERCLUB MASTERS TEAMS: POOL COMPETITION: DAY 3

BRIEFINGS	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

INTERCLUB MASTERS TEAMS: POOL COMPETITION: DAY 3 HEATS				
Time	Event	Gender	Age Group	Type
06h30	Warm-up in the competition pool			
07h30	Marshalling commences			
08h00	100m Manikin Carry with Fins	Men/Women	30-34	Time – Final
	100m Manikin Carry with Fins	Men/Women	35-39	Time – Final
	100m Manikin Carry with Fins	Men/Women	40-44	Time – Final
	100m Manikin Carry with Fins	Men/Women	45-49	Time – Final
	100m Manikin Carry with Fins	Men/Women	50-54	Time – Final
	100m Manikin Carry with Fins	Men/Women	55-59	Time – Final
	100m Manikin Carry with Fins	Men/Women	60-64	Time - Final
	100m Manikin Carry with Fins	Men/Women	65-69	Time – Final
	100m Manikin Carry with Fins	Men/Women	70-74	Time – Final
	100m Manikin Carry with Fins	Men/Women	75+	Time – Final
Break				
	4 x 25m Manikin Relay	Men/Women	120 – 139	Time – Final
	4 x 25m Manikin Relay	Men/Women	140 – 169	Time – Final
	4 x 25m Manikin Relay	Men/Women	170 – 199	Time - Final
	4 x 25m Manikin Relay	Men/Women	200 – 229	Time – Final
	4 x 25m Manikin Relay	Men/Women	230+	Time – Final
End of Competition - Day 3				

INTERCLUB MASTERS TEAMS: POOL COMPETITION: DAY 3: VICTORY CEREMONY		
Time	Event	Gender
	Victory Ceremony 100m Manikin Carry with Fins	Men & Women
	Victory Ceremony 4 x 25m Manikin Relay	Men & Women
End of Interclub Masters Pool Proceedings		

Note: VICTORY CEREMONY - will be conducted at various times during the day

Notes:

1. Other than the initial marshalling and start times, for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.
2. The programme will be reviewed after entries have closed and may change due to conditions and exigencies of the situation and is subject to change.
3. Events may be combined to incorporate more than one age group per event.