



About ILS and Anti-Doping

ILS, as a signatory to the World Anti-Doping Agency ([WADA](#)) is committed to the eradication of doping from sport and to provide a clean, safe, and fair environment for all participants. This commitment is detailed on the ILS [website](#).

Anti-Doping at the ILS LWC 2024

There will be antidoping testing undertaken at LWC2024.

It is recommended that all participating athletes and their supporting personnel should consult [ADEL](#), the global platform that provides education and learning opportunities for those who need to know all things about clean sport and antidoping.

It is strongly recommended that athletes follow the ADEL training before being tested.

Therapeutic Use Exemptions (TUEs)

If you use substances that are prohibited in competition you should apply for a TUE at least 30 days before the start of the competition. Late applications will not be considered.

Check the [Prohibited List](#) where you will find the substances and methods that are prohibited. They are classified by categories (e.g. steroids, stimulants, masking agents). Please note that this List only contains the generic names of the pharmaceutical substances, not the brand names of the medications, which vary from country to country.

Before taking any medication, you should check with the prescribing physician that it does not contain a prohibited substance.

You will only be allowed to use a prohibited substance for medical reasons if you have a valid TUE for the substance that ILS has granted.

If you already have a TUE granted by your National Anti-Doping Organisation (NADO), you must submit a request for recognition by ILS of your TUE and send it to the ILS Anti-Doping Administrator at hq@ilsf.org.

The ILS TUE Committee will check your request.

How to apply to ILS for a TUE?

Download the [ILS TUE Application Form](#), and once duly completed and signed, send it together with the required medical file to the ILS Anti-Doping Administrator at hq@ilsf.org.

Your TUE application must be submitted in legible English using capital letters or typing. The ILS TUE Committee will consider your application.

Further Information

Please refer to the ILS Anti-Doping Administrator at hq@ilsf.org.