



## NATIONAL TEAM OPEN: SERC & POOL

VENUE: GOLD COAST AQUATIC CENTRE SOUTHPORT  
DATE: WEDNESDAY, 28<sup>th</sup> AUGUST and THURSDAY, 30<sup>th</sup> August, 2024

### PRELIMINARY COMPETITION PROGRAMME

- Notes:**
1. There will be on-line briefing by the Chief Referee for Technical Officials and Team Managers. Details and date to be advised
  2. There will be on-line briefings by the Safety Officer for Technical Officials. Details and date to be advised.

#### TUESDAY: 27<sup>th</sup> AUGUST

LWC OPENING CEREMONY		VENUE
16h00 – 18h00	Lifesaving World Championships Opening Ceremony	Kurrawa, Broadbeach

#### WEDNESDAY: 28<sup>th</sup> AUGUST

### NATIONAL TEAMS OPEN SERC COMPETITION

BRIEFINGS	
07h00	Safety Meeting
07h15	Daily Competition Committee Meeting
07h30	Technical Officials briefing by Chief Referee
After last event	EMC/LOC meeting

NATIONAL TEAMS OPEN SERC COMPETITION		
Time	Event	Type
11h00	Team Managers briefing by Chief Referee	
11h15	Technical Officials briefing by Chief Referee	
11h30	Opening of Interclub Open Championships	
11h45	Lock-up open	
12h00	Lock-up closes	
12h00	Preparation of pool and Test Run	
12h30	SERC competition	Heats
15h00	<b>End of Session</b>	
14h30	Lock-up commences for Open Teams finalists	
14h45	Lock-up closes Open Teams finalists	
14h45	Technical Official briefing by Chief Referee	
14h30	Preparation of pool and Test Run	
15h30	SERC final for Open Teams	Final
16h30	<b>Victory Ceremony – Interclub Open Teams</b>	
<b>End of Interclub Teams Open SERC Proceedings</b>		

**NATIONAL TEAMS OPEN POOL COMPETITION: DAY 1**

**BRIEFINGS**

06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

**NATIONAL TEAMS: OPEN POOL COMPETITION: DAY 1 HEATS**

Time	Gender	Event	Type
06h00	Warm-up in the competition pool		
07h30	Marshalling commences		
08h00	Women	200m Obstacle Swim	Heats
	Men	200m Obstacle Swim	Heats
	Women	4 x 50m Obstacle Relay	Heats
	Men	4 x 50m Obstacle Relay	Heats
	Women	Line Throw	Heats
	Men	Line Throw	Heats
<b>Removal of obstacles, preparation of pool</b>			
	Women	100m Rescue Medley	Heats
	Men	100m Rescue Medley	Heats
	Women	100m Manikin Tow with Fins	Heats
	Men	100m Manikin Tow with Fins	Heats
	Mixed	4 x 50m Mixed Pool Lifesaver Relay	Heats
<b>End of Session</b>			

**NATIONAL TEAMS: OPEN POOL COMPETITION: DAY 1 FINALS**

Time	Gender	Event	Type
13h00	Warm-up in the competition pool		
13h45	Marshalling commence		
14h00	Women	200m Obstacle Swim	B-A Final
	Men	200m Obstacle Swim	B-A Final
	Women	4 x 50m Obstacle Relay	B-A Final
	Men	4 x 50m Obstacle Relay	B-A Final
	Women	Line Throw	B-A Final
	Men	Line Throw	B-A Final
	<b>Victory Ceremony 200m Obstacle Swim</b>		<b>Men &amp; Women</b>
	<b>Victory Ceremony 4 x 50m Obstacle Relay</b>		<b>Men &amp; Women</b>
	Women	100m Rescue Medley	B-A Final
	Men	100m Rescue Medley	B-A Final
	<b>Victory Ceremony Line Throw</b>		<b>Men &amp; Women</b>
	Women	100m Manikin Tow with Fins	B-A Final
	Men	100m Manikin Tow with Fins	B-A Final
	Mixed	4 x 50m Mixed Pool Lifesaver Relay	B-A Final
<b>End of Competition - Day 1</b>			

<b>NATIONAL TEAMS: OPEN POOL COMPETITION: DAY 1 FINALS</b>			
<b>Time</b>	<b>Gender</b>	<b>Event</b>	<b>Type</b>
		<b>Victory Ceremony 100m Rescue Medley</b>	<b>Men &amp; Women</b>
		<b>Victory Ceremony 100m Manikin Tow with Fins</b>	<b>Men &amp; Women</b>
		<b>Victory Ceremony 4 x 50m Mixed Pool Lifesaver Relay</b>	<b>Mixed</b>
<b>End of Day 1 Proceedings</b>			

## FRIDAY: 30 AUGUST

### **NATIONAL TEAMS: OPEN POOL COMPETITION: DAY 2**

<b>BRIEFINGS</b>	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Referee
07h15	Technical Officials daily briefing by Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

### **NATIONAL TEAMS OPEN POOL COMPETITIONS: DAY 2 HEATS**

<b>Time</b>	<b>Gender</b>	<b>Event</b>	<b>Type</b>
06h00		Warm-up in the competition pool	
07h30		Marshalling commence	
08h00	Female	100m Manikin Carry with Fins	Heats
	Male	100m Manikin Carry with Fins	Heats
	Female	50m Manikin Carry	Heats
	Male	50m Manikin Carry	Heats
	Female	4 x 25m Manikin Relay	Heats
	Male	4 x 25m Manikin Relay	Heats
	Female	200m Super Lifesaver	Heats
	Male	200m Super Lifesaver	Heats
	Female	4 x 50m Medley Relay	Heats
	Male	4 x 50m Medley Relay	Heats
<b>End of Session</b>			

### **NATIONAL TEAMS: OPEN POOL COMPETITIONS: DAY 2 FINALS**

<b>Time</b>	<b>Gender</b>	<b>Event</b>	<b>Type</b>
13h00		Warm-up in the competition pool	
13h45		Preparation of pool	
14h00		Marshalling commence	
	Women	100m Manikin Carry with Fins	B-A Final
	Men	100m Manikin Carry with Fins	B-A Final
	Women	50m Manikin Carry	B-A Final
	Men	50m Manikin Carry	B-A Final
	<b>Victory Ceremony 100m Manikin Carry with Fins</b>		
	Women	4 x 25m Manikin Relay	B-A Final
	Men	4 x 25m Manikin Relay	B-A Final
	<b>Victory Ceremony 50m Manikin Carry</b>		
	Women	200m Super Lifesaver	B-A Final

<b>NATIONAL TEAMS: OPEN POOL COMPETITIONS: DAY 2 FINALS</b>			
<b>Time</b>	<b>Gender</b>	<b>Event</b>	<b>Type</b>
	Men	200m Super Lifesaver:	B-A Final
	<b>Victory Ceremony 4 x 25m Manikin Relay</b>		
	Women	4 x 50m Medley Relay	B-A Final
	Men	4 x 50m Medley Relay	B-A Final
<b>End of Competition - Day 2</b>			
	<b>Victory Ceremony 200m Super Lifesaver</b>		<b>Men &amp; Women</b>
	<b>Victory Ceremony 4 x 50m Medley Relay</b>		<b>Men &amp; Women</b>
	<b>Victory Ceremony Grand Aggregate Open Pool Events</b>		
	<b>Closing of the National Teams Open Championships</b>		
<b>End of National Teams Open Pool Competition Proceedings</b>			

**Notes:**

1. Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.
2. The programme will be reviewed after entries have closed and may change due to conditions and exigencies of the situation and is subject to change.



## NATIONAL TEAM YOUTH: POOL

Venue: Gold Coast Aquatic Centre Southport

DATE: SATURDAY, 31<sup>ST</sup> AUGUST to SUNDAY 1<sup>ST</sup> SEPTEMBER, 2024

### PRELIMINARY COMPETITION PROGRAMME

- Notes:**
1. There will be on-line briefing by the Chief Referee for Technical Officials and Team Managers. Details and date to be advised
  2. There will be on-line briefings by the Safety Officer for Technical Officials. Details and date to be advised.

#### WEDNESDAY: 28<sup>TH</sup> AUGUST

##### NATIONAL TEAMS OPEN SERC COMPETITION

###### BRIEFINGS

07h00	Safety Meeting
07h15	Daily Competition Committee Meeting
07h30	Technical Officials briefing by Chief Referee
08h00	Team Managers briefing by Chief Referee
After last event	EMC/LOC meeting

##### NATIONAL TEAMS OPEN & YOUTH SERC COMPETITION

Time	Event	Type
08h00	Lock-up open for Youth Teams	
08h30	Lockup closes Youth Teams Youth	
08h30	Preparation of pool and Test Run	
09h00	SERC for Youth Teams	Final
11h00	Victory Ceremony – National Youth Teams	
End of National Teams Youth SERC Competition		

#### SATURDAY: 31 AUGUST

##### NATIONAL TEAMS YOUTH POOL COMPETITION: DAY 1

###### BRIEFINGS

06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

<b>NATIONAL TEAMS YOUTH POOL COMPETITION: DAY 1 HEATS</b>			
<b>Time</b>	<b>Gender</b>	<b>Event</b>	<b>Type</b>
06h00	Warm-up in the competition pool		
07h30	Preparation of the pool		
07h45	Marshalling commences		
08h00	Women	200m Obstacle Swim	Heats
	Men	200m Obstacle Swim	Heats
	Women	4 x 50m Obstacle Relay	Heats
	Men	4 x 50m Obstacle Relay	Heats
	Women	Line Throw	Heats
	Men	Line Throw	Heats
<b>Removal of obstacles, preparation of pool</b>			
	Women	100m Rescue Medley	Heats
	Men	100m Rescue Medley	Heats
	Women	100m Manikin Tow with Fins	Heats
	Men	100m Manikin Tow with Fins	Heats
	Mixed	4 x 50m Mixed Pool Lifesaver Relay	Heats
<b>End of Session</b>			

<b>NATIONAL TEAMS YOUTH POOL COMPETITION: DAY 1 FINALS</b>			
<b>Time</b>	<b>Gender</b>	<b>Event</b>	<b>Type</b>
13h00	Warm-up in the competition pool		
13h45	Marshalling commence		
14h00	Women	200m Obstacle Swim	B-A Final
	Men	200m Obstacle Swim	B-A Final
	Women	4 x 50m Obstacle Relay	B-A Final
	Men	4 x 50m Obstacle Relay	B-A Final
	Women	Line Throw	B-A Final
	Men	Line Throw	B-A Final
<b>Victory Ceremony 200m Obstacle Swim</b>			
<b>Victory Ceremony 4 x 50m Obstacle Relay</b>			
	Women	100m Rescue Medley	B-A Final
	Men	100m Rescue Medley	B-A Final
<b>Victory Ceremony Line Throw</b>			
	Women	100m Manikin Tow with Fins	B-A Final
	Men	100m Manikin Tow with Fins	B-A Final
	Mixed	4 x 50m Mixed Pool Lifesaver Relay	B-A Final
<b>End of Competition - Day 1</b>			
	<b>Victory Ceremony 100m Rescue Medley</b>		<b>Men &amp; Women</b>
	<b>Victory Ceremony 100m Manikin Tow with Fins</b>		<b>Men &amp; Women</b>
	<b>Victory Ceremony 4 x 50m Mixed Pool Lifesaver Relay</b>		<b>Mixed</b>
<b>End of Day 1 Proceedings</b>			

**SUNDAY: 1 SEPTEMBER****NATIONAL TEAMS YOUTH POOL COMPETITION: DAY 2****BRIEFINGS**

06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h45	Team Managers daily briefing by Chief Referee
07h15	Technical Officials daily briefing by Chief Referee
07h30	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

**NATIONAL TEAMS YOUTH POOL COMPETITIONS: DAY 2 HEATS**

Time	Gender	Event	Type
06h30	Warm-up in the competition pool		
07h30	Preparation of pool		
07h45	Marshalling commence		
08h00	Women	100m Manikin Carry with Fins	Heats
	Men	100m Manikin Carry with Fins	Heats
	Women	50m Manikin Carry	Heats
	Men	50m Manikin Carry	Heats
	Women	4 x 25m Manikin Relay	Heats
	Men	4 x 25m Manikin Relay	Heats
	Women	200m Super Lifesaver	Heats
	Men	200m Super Lifesaver	Heats
	Women	4 x 50m Medley Relay	Heats
	Men	4 x 50m Medley Relay	Heats

**End of Session****NATIONAL TEAMS YOUTH POOL COMPETITION: DAY 2 FINALS**

Time	Gender	Event	Type
13h00	Warm-up in the competition pool		
13h45	Marshalling commence		
14h00	Women	100m Manikin Carry with Fins	B-A Final
	Men	100m Manikin Carry with Fins	B-A Final
	Women	50m Manikin Carry	B-A Final
	Men	50m Manikin Carry	B-A Final
	Women	4 x 25m Manikin Relay	B-A Final
	Men	4 x 25m Manikin Relay	B-A Final
	Women	200m Super Lifesaver	B-A Final
	Men	200m Super Lifesaver	B-A Final
	Women	4 x 50m Medley Relay	B-A Final
	Men	4 x 50m Medley Relay	B-A Final

**End of Competition - Day 2. All teams to move to Kurrawa Beach for the Victory Ceremony and Closing Ceremony**

<b>NATIONAL TEAMS YOUTH POOL: VICTORY CEREMONY: DAY 2 TO BE HELD AT KURRAWA BEACH</b>		
<b>Time</b>	<b>Event</b>	<b>Gender</b>
16h30	<b>Victory Ceremony Youth 100m Manikin Carry With Fins</b>	<b>Men &amp; Women</b>
	<b>Victory Ceremony Youth 50m Manikin Carry</b>	<b>Men &amp; Women</b>
	<b>Victory Ceremony Youth 4 x 25m Manikin Relay</b>	<b>Men &amp; Women</b>
	<b>Victory Ceremony Youth 200m Super Lifesaver</b>	<b>Men &amp; Women</b>
	<b>Victory Ceremony Youth 4 x 50m Medley Relay</b>	<b>Men &amp; Women</b>
	<b>Victory Ceremony Grand Aggregate Youth Pool Events</b>	
	<b>Victory Ceremony Grand Aggregate Youth Pool, Ocean and Beach Events</b>	
	<b>Closing of the National Teams Open and Youth Championships</b>	
	<b>End of National Teams Open and Youth Championships</b>	

**Notes**

1. Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.
2. This is a draft programme and subject to change.