



INTERCLUB MASTERS: BEACH & OCEAN CHAMPIONSHIPS

VENUE: KURRAWA BEACH, BROADBEACH

DATE: MONDAY, 26th to WEDNESDAY, 28th AUGUST, 2024

PRELIMINARY COMPETITION PROGRAMME

- Notes:** 1. There will be on-line briefing by the Chief Referee for Technical Officials and Team Managers. Details and date to be advised
- 2. There will be on-line briefings by the Safety Officer for Technical Officials. Details and date to be advised.

MONDAY: 26th AUGUST

INTERCLUB MASTERS: DAY 1: OCEAN CHAMPIONSHIPS
Races shall be conducted in timetable order throughout to final, commencing with the oldest to the youngest in each area
High tide: 00h40; Low Tide: 06h45; High Tide: 13h50; Low Tide 00h51
Sunrise: 06h07; Sunset: 17h28

BRIEFINGS & DAILY PROGRAMME	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
07h00	Team Managers daily briefing by Sectional Referees in arena
07h15	Technical Officials daily briefing by Sectional Referees in arena
07h40	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

WOMAN WATER AREA 1: DAY 1: 45-49; 40-44; 35-39; 30-34			
Time	Event	Gender and Age Group	Type
08h00	Board Race	W-45; W-40; W-35; W-30	Heat/Semi Final/Final
	Surf Ski Race	W-45; W-40; W-35; W-30	Heat/Semi Final/Final
	Surf Race	W-45; W-40; W-35; W-30	Heat/Semi Final/Final
	Oceanwoman	W-45; W-40; W-35; W-30	Heat/Semi Final/Final
	Board Rescue	W-45; W-40; W-35; W-30	Heat/Semi Final/Final

WOMAN WATER AREA 2: DAY 1: 75+; 70-74; 65-69; 60-64; 55-59; 50-54			
TIME	Event	Gender and Age Group	Type
08h00	Surf Race	W-75+; W-70; W-65; W-60; W-55, W-50	Heat/Semi Final/Final
	Board Race	W-75+; W-70; W-65; W-60; W-55, W-50	Heat/Semi Final/Final

WOMAN WATER AREA 2: DAY 1: 75+; 70-74; 65-69; 60-64; 55-59; 50-54			
TIME	Event	Gender and Age Group	Type
	Surf Ski Race	W-75+; W-70; W-65; W-60; W-55, W-50	Heat/Semi Final/Final
	Oceanwoman (See Note 4)	W-70+; W-65; W-60; W-55, W-50	Heat/Semi Final/Final
	Board Rescue	W-75+; W-70; W-65; W-60; W-55; W-50	Heat/Semi Final/Final

MEN WATER AREA 3: 75+; 70-74; 65-69; 60-64; 55-59; 50-54;			
TIME	Event	Gender and Age Group	Type
08h10	Surf Ski Race	M-75+; M-70; M-65; M-60; M-55; M-50	Heat/Semi Final/Final
	Surf Race	M-75+; M-70; M-65; M-60; M-55; M-50	Heat/Semi Final/Final
	Board Race	M-75+; M-70; M-65; M-60; M-55; M-50	Heat/Semi Final/Final
	Oceanman (See Note 4)	M-70+; M-65; M-60; M-55; M-50	Heat/Semi Final/Final
	Board Rescue	M-75+; M-70; M-65; M-60; M-55; M-50	Heat/Semi Final/Final
MEN WATER AREA 4: 45-49; 40-44; 35-39; 30-34			
TIME	Event	Gender and Age Group	Event
08h00	Surf Race	M-45; M-40; M-35; M-30	Heat/Semi Final/Final
	Board Race	M-45; M-40; M-35; M-30	Heat/Semi Final/Final
	Ski Race	M-45; M-40; M-35; M-30	Heat/Semi Final/Final
	Oceanman	M-45; M-40; M-35; M-30	Heat/Semi Final/Final
	Board Rescue	M-45; M-40; M-35; M-30	Heat/Semi Final/Final
End of Competition - Day 1 (no later than 16h00 start for in-water events)			

INTERCLUB MASTERS VICTORY CEREMONY: DAY 1		
Time	Event	Gender
16h30	Victory Ceremony Board Race	Men & Women
	Victory Ceremony Surf Ski Race	Men & Women
	Victory Ceremony Surf Race	Men & Women
	Victory Ceremony Oceanman/woman	Men & Women
	Victory Ceremony Board Rescue	Men & Women
Note: It is planned that Women's presentations to start at 16h30 followed by the Men's presentations.		
End of Day 1 Proceedings		

LWC OPENING CEREMONY		VENUE
16h00 – 18h00	Lifesaving World Championships Opening Ceremony	Kurrawa, Broadbeach

TUESDAY: 27th AUGUST

INTERCLUB MASTERS: DAY 2: OCEAN CHAMPIONSHIPS
Races shall be conducted in timetable order throughout to Final, commencing with the oldest to the youngest in each area High tide: 01h53; Low Tide: 07h47; High Tide: 15h06; Low Tide 22h05 Sunrise: 06h06; Sunset: 17h29

BRIEFINGS	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
06h40	Marshalling commences – Beach Runs
07h00	Beach Runs commences
08h00	Team Managers daily briefing by Sectional Referees in arena
08h15	Technical Officials daily briefing by Sectional Referees in arena
08h30	Marshalling commences for Interclub Masters
09h00	Competition commences
After last event	EMC/LOC meeting

WOMAN WATER AREA 1: 170+; 150-169;			
Time	Event	Gender and Age Group	Type
06h40	Marshalling commences – Beach Runs		
07h00	Beach Runs commences		
	Team Managers Briefing by Sectional Referee in each Area		
	1 km Beach Run	W-75+, M-75+; W-70, M-70; W-65, M-65; W-60, M-60	Final
	2 km Beach Run	W-55, M-55; W-50, M-50; W-45, M-45; W-40, M-40; W-35, M 35; W-30; M-30	Final
09h10	Water Area Competition commences		
Both Water Area 1 and Water Area 2 will commence each discipline at the same time, i.e.: Surf Ski Relay, Oceanwoman Relay, Surf Teams Relay, Board Relay			
WATER AREA 1: 130-149, 110-129 & 90-109 WOMWN			
Time	Event	Gender and Age Group	Type
09h00	Surf Ski Relay	W-130; W-110; W-90	Heat/Semi Final/Final
	Oceanwoman Relay	W-130; W-110; W-90	Heat/Semi Final/Final
	Surf Teams Race	W-130; W-110; W-90	Heat/Semi Final/Final
	Board Relay	W-130; W-110; W-90	Heat/Semi Final/Final
WATER AREA 2: 170+ and 150-169 WOMAN			
Time	Event	Gender and Age Group	Type
09h00	Surf Ski Relay	W-170+; W-150	Heat/Semi Final/Final
	Oceanwoman Relay	W-170+; W-150	Heat/Semi Final/Final
	Surf Teams Race	W-170+; W-150	Heat/Semi Final/Final
	Board Relay	W-170+; W-150	Heat/Semi Final/Final
Both Water Area 3 and Water Area 4 will commence each discipline at the same time. i.e.: Surf Ski Relay, Oceanman Relay, Surf Teams Relay, Board Relay			
WATER AREA 3: 170+ and 150-169 MEN			
Time	Event	Gender and Age Group	Type
09h00	Surf Teams Race	M-170+; M-150	Heat/Semi Final/Final
	Surf Ski Relay	M-170+; M-150	Heat/Semi Final/Final
	Board Relay	M-170+; M-150	Heat/Semi Final/Final
	Oceanman Relay	M-170+; M-150	Heat/Semi Final/Final
WATER AREA 4: 130-149, 110-129 & 90-109 MEN			
Time	Event	Gender and Age Group	Type
09h00	Surf Teams Race	M-130; M-110; M-90	Heat/Semi Final/Final
	Surf Ski Relay	M-130; M-110; M-90	Heat/Semi Final/Final
	Board Relay	M-130; M-110; M-90	Heat/Semi Final/Final
	Oceanman Relay	M-130; M-110; M-90	Heat/Semi Final/Final
BEACH AREA 1: Beach Relay			
14h30	Beach Relay	W-170+; W-150; W-130; W-110; W-90; M-170+; M-150; M-130; M-110; M-90	Heat/Semi Final/Final
End of Competition - Day 2 (no later than 16h00 start for in-water events)			

INTERCLUB MASTERS VICTORY CEREMONY: DAY 2		
Time	Event	Gender
	Victory Ceremony Surf Teams Race	Men & Women
	Victory Ceremony Board Relay	Men & Women
	Victory Ceremony Surf Ski Relay	Men & Women
	Victory Ceremony Oceanman/woman Relay	Men & Women
	Victory Ceremony 1 km Beach Run	Men & Women
	Victory Ceremony 2 km Beach Run	Men & Women
	Victory Ceremony Beach Relay	Men & Women
Note: No Victory Ceremonies for Masters Ocean will take place after 15h30 due to the LWC 2024 Opening Ceremony. Victory Ceremonies may take place during the competition day or be carried over to the following day.		
End of Day 2 Proceedings		

LWC OPENING CEREMONY		VENUE
16h00 – 18h00	Lifesaving World Championships Opening Ceremony	Kurrawa, Broadbeach

WEDNESDAY: 28th AUGUST

INTERCLUB MASTERS: DAY 3: OCEAN CHAMPIONSHIPS
Races shall be conducted in timetable order throughout to Final, commencing with the oldest to the youngest in each area High tide: 03h28; Low Tide: 09h01; High Tide: 16h21; Low Tide 23h20 Sunrise: 06h05; Sunset: 17h29

BRIEFINGS & DAY'S PROGRAMME	
06h00	Safety Meeting
06h30	Daily Competition Committee Meeting
07h00	Team Managers daily briefing by Sectional Referees in arena
07h15	Technical Officials daily briefing by Sectional Referees in arena
07h45	Marshalling commences
08h00	Competition commences
After last event	EMC/LOC meeting

Time	Event	Gender and Age Group	Type
08h00	Beach Sprint	M-75+, W-75+; M-70, W-70, M-65; W-65, M-60, W-60; M-55, W-55; M-50, W-50; M-45, W-45; M-40, W-40; M-35, W-35; M-30, W-30	Heat/Semi-Final/ Final
Start time for Beach Flags is indicative and may change at the discretion of the Chief Referee.			
BEACH ARENA 1: 75+; 70-74; 65-69; 60-64			
10h30	Beach Flags	M-75+, W-75+; M-70, W-70, M-65, W-65; M-60, W-60	Heat/Semi-Final/ Final
BEACH ARENA 2: 55-59; 50-54; 45-49;			
10h30	Beach Flags	M-55, W-55, M-50, W-50; M-45, W-45	Heat/Semi-Final/ Final
BEACH ARENA 3: 40-44; 35-39; 30-34			
10h30	Beach Flags	M-40; W-40; M-35; W-35; M-30; W-30	Heat/Semi-Final/ Final
End of Competition - Day 3 (no later than 16h00 start for in-water events)			

INTERCLUB MASTERS VICTORY CEREMONY: DAY 3		
Time	Event	Gender
16h00	Carryover of any Victory Ceremony not conducted the previous day.	
	Victory Ceremony Beach Sprint	Men & Women
	Victory Ceremony Beach Flags	Men & Women
	Closing of Interclub Masters Championships	
End of Interclub Masters Championships		

Notes:

1. Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.
2. This programme is subject to change.
3. Events may be combined to incorporate more than 1 age group per event.
4. Competitors older than 75 may compete in the 70 plus Oceanman and Oceanwoman events.