



World Water Safety

INTERNATIONAL LIFE SAVING FEDERATION



**2024 LIFESAVING
WORLD CHAMPIONSHIPS**



LIFESAVING WORLD CHAMPIONSHIPS

GOLD COAST – QUEENSLAND - AUSTRALIA

HANDBOOK

(Updated December 2023)



www.ilsf.org

<https://www.lwc2024.com>

**LIFESAVING WORLD CHAMPIONSHIPS
GOLD COAST – QUEENSLAND – AUSTRALIA - 2024
HANDBOOK
(Updated December 2023)**

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Note: An application has been submitted to trademark Ocean M.

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PART A - PRELIMINARY

1. GLOSSARY OF TERMS

Accreditation	The process of identifying, certifying and evidence of a person's entitlements related to the Championship's operations and associated obligations. An accreditation pass is usually generated as evidence of the person accreditation.
Board of Directors	The ILS Board of Directors elected, constituted, and empowered under the Constitution. The Board of Directors comprises voting and non-voting members: Voting Members are the President, the Secretary General, the Vice-Presidents, the other Board Members. Non-voting Board Members are the Observer from the RLSS, the Chairs of the Commissions, the Executive Director, the Events Director, the Legal Advisor, and the Financial Advisor.
By-Laws	The By-Laws of the ILS.
Club	The basic administrative or lifesaving unit of the National Lifesaving Organisation (not an amalgam of such units). Such unit having a Constitution and having representation to a higher body.
Commission	A body established by the ILS Board of Directors responsible to the ILS Board of Directors for a designated ILS field of activity.
Constitution	The Articles of Association or Statutes of the ILS.
Delegates	ILS Patrons, ILS Life Governors, ILS Life Members, ILS Board of Director Members, ILS Commission and Committee Members, ILS Grand Knights and Knights in the Order of Lifesaving, National Delegates and Guests.
Headquarters Hotel	The HQ Hotel is the hotel in which the ILS Secretariat and key ILS Officials are accommodated.
Host	Event Organising Group/Agency/Host City or the NLO that is hosting the Lifesaving World Championships. For the 2024 Life Saving World Championships, the Host is Surf Life Saving Queensland (SLSQ).

Individual Competitor	Men or Women competing in the individual events/races at the World Championships.
Intellectual Property	All rights or goodwill subsisting in copyright, business names, names, trademarks (or signs), logos, designs, patents, or service marks relating to the ILS, or any event, competition or activity conducted, promoted, or administered by the ILS. All rights or goodwill subsisting in copyright, business names, names, trademarks (or signs), logos, designs, patents, or service marks relating to the ILS, or any event or activity conducted, promoted, or administered by the ILS.
Lifesaving Sport Discipline	A competitive aspect of a sport comprising one or several events. For example, Pool Lifesaving, Beach/Ocean Lifesaving, Surfboats, Simulated Emergency Response Competition (SERC), Inflatable Rescue Boats (IRB), etc.
Lifesaving Unit	For NLOs that do not have a club system – is: The basic administrative or lifesaving unit of the lifesaving organisation (not an amalgam of such units); such unit having a constitution and having representation to a higher body.
Live Heats	The digital registration system used for entry, draws and recording of results at Lifesaving world Championships.
LWC Section	One of the sections at the Lifesaving World Championships: e.g., Masters Lifesaving World Championships, Surfboat Lifesaving World Championships, etc.
Media	Broadcasters, radio staff, photographers and journalists associated with providing the audio-visual reporting of the Conference.
Objectives	The objectives of the ILS as set out in the Constitution.
Organisation	A National Organisation, Federation or Association that is a member of the ILS.
Participants	Individuals participating at the World Championships.
Spectators	The individuals viewing the Championships.
Sponsors	The corporate investors in the Championships.
Sport	Lifesaving Sport.
Sport Event/Race	A scheduled unique competition resulting in the presentation of a gold, silver, or bronze medal. For example, the Surf Race is an event in Beach/Ocean Discipline.
Sports Regulations	The approved ILS Sports Regulations, including the ILS Competition Handbook.
Team Competitor	Men (Man) or Women (Woman) competing in the team events at the World Championships.
Team Officials	Representatives of each NLO who manage and/or assist the competitors. They include team managers, team coaches and trainers as well as team support staff such as physicians, physiotherapists, chaperones, etc.
Technical Official	The persons required to officiate and regulate the sport in the field of play and includes national and international appointed representatives who manage or assist in the conduct of the competition. These include chief referees, deputy chief referees, area referees, judges, timekeepers, and other jury officials.
VIP	The summary customer group related to the Governing Authorities of the country, e.g., the Royal Family, the Ministers, the Mayors, etc., and other persons identified by ILS e.g., Honourees, major sponsors etc.
Workforce	Organising Committee's staff that are required to prepare for, stage and manage the event. The operation personnel may be paid staff, volunteer staff, contractors, consultants, employees of external organisations, etc.
World Anti-Doping Agency	The organisation responsible for the coordination of Anti-Doping practices and participation for the world.
World Anti-Doping Code	The core document that harmonises anti-doping policies, rules, and regulations within sport organisations and among public authorities around the world.

2. LIST OF COMMON ABBREVIATIONS USED

CoCom	Coordination Committee comprising representatives from the ILS and from the Organising Committee
Competition Committee	Life Saving World Championships Competition Committee
DLRG	German Life Saving Federation
DNF	Do Not Finish
EMC	Event Management Committee
ILS	The International Life Saving Federation
IOC	International Olympic Committee
IRB	Inflatable Rescue Boat
LOC	Life Saving World Championships Local Organising Committee
LWC	Lifesaving World Championships
LWC 2024	The Lifesaving World Championships held in 2024 on the Gold Coast, Queensland - Australia
NLO	Lifesaving National Organisation or Federation or Association
NT-IRB	National Teams Inflatable Rescue Boat Lifesaving World Championships
NT-O	National Teams Open Lifesaving World Championships
NT-Y	National Teams Youth Lifesaving World Championships
QR	Quick Response (Code)
RLSS	Royal Life Saving Society
Safety Committee	Lifesaving World Championships Safety Committee
SAR	Search and Rescue (Operations)
SERC	Simulated Emergency Response Competition
SLSA	Surf Life Saving Australia
SLSQ	Surf Life Saving Queensland
URL	Uniform Resource Locators Code
VIP	Very Important Person
WADA	World Anti-Doping Agency

3. SUMMARY OF CHANGES TO THE LWC 2022 HANDBOOK

The LWC Gold Coast - Australia - 2024 Handbook contains updated and additional information to that contained in the LWC 2022 Handbook.

The Handbook consists of Part A, B and C. The following summarises changes to the LWC Handbook 2022. The changes include:

Part A - Preliminary:

General Deleted all reference to LWC 2022, the host and location etc., and replaced with LWC 2024 details.

Part B General Competitive Conditions:

General Deleted all reference to LWC 2022, the location, competition venues, dates, and website references etc., and replaced with LWC 2024 details.

Section 3.2 ILS has authorised the Host to conduct an “Extra” competition at LWC 2024. This is the March Past event.

Section 9 Updated the pool and ocean competition venue details, and the back-up venues.

Section 10 Updated the list of supplied equipment and pooled equipment including detailed of manufacturers and suppliers etc.

- Section 13 Confirmed the reinstatement of the National Teams IRB, Open and Youth Interclub Teams, Interclub IRB, Surf Boat, Beach Run championships and the Extra Events at LWC2024 and the eligibility requirements to be eligible to participate.
- Section 13 Updated details to confirm that competitors must have been a member of their NLO on or before 25 May 2024. This date is based on the first competition day scheduled for the LWC 2024 (i.e., 23 August 2024 for the Masters LWC).
- Section 14 Updated details to confirm that the entry closure date (one month before the commencement of the first championships is 23 July 2024.
- Section 14 Updated the details for changes, substitutions, and withdrawal competitors from events.
- Section 17 Updated the appeal fees applicable for LWC 2024.
- Section 18 The programs are detailed for the reinstated National Teams IRB, Open and Youth Interclub Teams, Interclub IRB, Surf Boat, Beach Run championships, and March Past.
- Section 18 The ILS EMC draws for the gender order are detailed for the for the Open and Youth National Teams and Interclub Teams M Course Mixed Lifesaver Relay.
- Section 18 The minimum age dates for participation in 19 years surf boat competition and as patient ion IRB competition have been amended to encourage participation.
- Section 19 Confirmed the scoring for the reinstated National Teams IRB, the Open and Youth Interclub Teams, and the Interclub IRB.
- Section 20 Confirmed the medal and trophy details for the reinstated National Teams IRB, the Open and Youth Interclub Teams LWC, the Interclub IRB, and the Open and Masters Surf Boat LWC.
- Section 24 Added the LWC 2024 programme and key date summary.

Part C – Additional Information:

- General Deleted all reference to LWC 2022 and replaced with LWC 2024 details.
- Section 1 it is clarified that unless a LWC precedes the Grand Opening Ceremony the athlete, technical official and coach's oaths are optional at other opening ceremonies.
- Section 2 Added that digital flags may be used for National Team medal and trophy presentations.
- Section 4 Added that different coloured ribbons may be used the different LWCs.
- Section 5 Added a list detailing past LWC years and locations.

Further Updates:

December 2023:

- Part B – S18.1a) A change has been made to remove the gender draw from the National Teams and the Interclub Mixed Ocean M LifeSaver Relay events. Teams may now select the legs of the event in which their two men and two women participate.
- Note:** The Mixed Ocean M LifeSaver Relay retains the fixed order of run, swim, board, and ski.
- Part B – S18.2a) A change has been made to remove the prescribed gender order for participation in the National Teams Mixed IRB Teams Rescue event. Teams may now select the order in which their men's crew and their women's crew participate.
- Part B – S18.5a) A change has been made to remove both the team size and event entry limitations for the Interclub IRB LWCs.

- Part B – S20.9b) As a result of the Interclub IRB LWCs becoming an open team size and unlimited entries per event, only the Charles Thomson MBE O. St. J Memorial Trophy will be awarded to the overall winning club i.e. no individual medals will be awarded.
- Part B – S24 The LWC 2024 daily programme and key dates annexure has been updated. The programme may be subject to further change. Please refer to the LWC 2024 website at <https://www.lwc2024.com> for updates.



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PART B – GENERAL COMPETITIVE CONDITIONS

Information relating to LWC 2024, and the ILS Competition Rule Book may be found at <https://www.lwc2024.com>, and www.ilsf.org and in this Handbook.

1. INTRODUCTION

In 2015, the Sport Commission of the International Lifesaving Federation (ILS) separated the contents that address the Lifesaving World Championships (LWC) from the content that addresses the rules, procedures, and standards for lifesaving sport. This resulted in two publications: A Lifesaving World Championships Handbook and an ILS Competition Rule Book.

This Handbook contains information specific to the 2024 Lifesaving World Championships (LWC 2024) to be held on the Gold Coast, Queensland in Australia and to be hosted by Surf Life Saving Queensland (SLSQ). This Handbook should be consulted in conjunction with the 2023 edition of the ILS Competition Rule Book (and any subsequent amending and/or clarifying Bulletins and Circulars. Additional information about the LWC 2024 and the ILS Competition Rule Book may be found at <https://www.lwc2024.com>, and www.ilsf.org.

Please note that this English language version of the ILS LWC 2024 Handbook, together with any ILS amending and/or clarifying Bulletins and Circulars, is the authorised reference/source document. Any translations into other languages are for ease of use and understanding only.

2. ILS AUTHORITY

- 2.1 The sport of lifesaving contributes to the worldwide drowning prevention mission of the ILS. As the international federation for lifesaving sport, the ILS establishes rules for the purpose of ensuring a safe and fair system, within which lifesaving competitions may be regulated and conducted.
- 2.2 The ILS awards the LWC to an ILS Full Member or to another Organisation such as a Governmental Institution, a City, etc. to conduct the LWC on its behalf and under its authority.

- 2.3 In addition to the rules and procedures outlined in this document, the ILS LWC are governed by the 2023 Edition of the ILS Competition Rule. The ILS Sport Commission may also issue amending and/or clarifying bulletins or circulars from time to time, which then are made available at www.ilsf.org.

3. TYPES OF LIFESAVING WORLD CHAMPIONSHIPS

- 3.1 The Lifesaving World Championships are organised every two years in the even years and mandatorily include the following ten World Championships:
- National Teams Open Lifesaving World Championships (NT-O).
 - National Teams Youth Lifesaving World Championships (NT-Y).
 - National Teams Inflatable Rescue Boat Lifesaving World Championships (NT-IRB).
 - Interclub Teams Open Lifesaving World Championships (IC-O).
 - Interclub Teams Youth Lifesaving World Championships (IC-Y).
 - Interclub Teams Inflatable Rescue Boat Lifesaving World Championships (IC-IRB).
 - Interclub Masters Lifesaving World Championships (IC-M).
 - Interclub Open Surf Boat Lifesaving World Championships (IC-SBO).
 - Interclub Masters Surf Boats Lifesaving World Championships (IC-SBM).
 - Interclub Beach Run Lifesaving World Championships (IC-BR).
- 3.2 The ILS may authorise the Host to conduct extra events (e.g., Ocean Swim Race, Long Distance Surf Ski Race, Long Distance Board Race, March Past, Inclusive Competitor with a Disability, etc.) in conjunction with the LWC 2024. These events may also reflect unique lifesaving events conducted in the region of the Host. The LWC 2024 Host has advised that the following extra event will be conducted at LWC 2024:
- March Past (in Open and Youth Categories)

In addition, SLS Queensland will be conducting a demonstration of the inclusive Albatross Nipper programme as part of LWC 2024. This programme was founded by Assistant Professor Nick Marshall OAM (see <https://www.albatrossnippersincluded.com/author-bio>) and provide the opportunity for young people with special needs to participate in surf lifesaving activities.

4. ILS LWC EVENT MANAGEMENT COMMITTEE (EMC)

- 4.1 The ILS Board shall appoint a standing Committee that is named the ILS Event Management Committee (EMC).
- 4.2 The ILS EMC for the LWC's shall consist of:
- The Chair Appointed by the Board from the Board of Directors.
 - The Secretary being the ILS Event Director.
 - Representatives from the ILS Sport Commission appointed by the Chair of the Commission.
- 4.3 The EMC is responsible on behalf of the ILS for the overall management of each LWC bid, the host selection as well as the overall ongoing management of the LWC competition. The Committee's role includes, but is not limited to, overseeing the organisation of the LWC, and advising the Host, the Local Organising Committee (LOC) and the LWC Competition Committee.
- 4.4 The ILS Event Director works to support ILS and is a member of both the ILS EMC and the LWC Competition Committee.
- 4.5 The relationship between the EMC, LOC, Competition Committee, Safety Committees etc. are detailed in the schematic diagram in the annexure to this Handbook.

5. ILS LWC COMPETITION COMMITTEE (COMPETITION COMMITTEE)

- 5.1 For each LWC, the EMC shall appoint a Competition Committee that is responsible to the EMC for the planning, delivery and conduct of the competition.

- 5.2 The Competition Committee shall have full control and authority over all aspects of competition for ILS LWCs.
- 5.3 The Competition Committee is also responsible for designing the competition programmes, appointing the Safety Committee, the LWC Chief Referees (with the assistance of the ILS Championship Officials Panel), Technical Officials (with the assistance of the appointed Chief Referees), endorsing participants, dealing with **issues**, and answering competition conduct and organisation questions prior to commencement of LWCs.
- 5.4 The Competition Committee shall also have the authority to approve LWC Local Organising Committee organisational plans delegated to it including the LWC Event Timetabling, Transport, Sustenance, Safety and Emergency, and Relocation Plans, etc.
- 5.5 As detailed in the ILS Competition Rulebook the Competition Committee has the authority to alter, postpone and cancel events or alter the competition venue.
- 5.6 The Competition Committee shall also have jurisdiction over all matters not assigned by the competition rules to the Chief Referee or other officials.
- 5.7 The Competition Committee shall seek advice from the EMC, the LOC, Chief Referee(s), the Safety Officer, the Security Officer and relevant emergency personnel, subject matter experts and others as appropriate relating the organisation and conduct of the LWC.
- 5.8 Formal records of Competition Committee meetings must be maintained and kept.
- 5.9 Prior to the LWC 2024 the Competition Committee for pre-event organisation may consist of:
 - The Chair of the ILS Sport Commission (Chair of the Competition Committee or their nominee).
 - The Secretary of the ILS Sport Commission.
 - The ILS Event Director.
 - The Chair of the Event Management Committee (ex officio).
 - The ILS Pool Championships Manager (who will chair the Competition Committee at the Pool Venue).
 - The ILS Ocean Championships Manager (who will chair the Competition Committee at the Ocean venue).
 - The Chair of the LWC Local Organising Committee or nominee appointed by the Host.
 - Other members appointed by the Event Management Committee.

At LWC 2024 the following may be invited to join the Competition Committee:

- The Chief Referees. The Chief Referees sit on the Competition Committee only for the LWC events they are overseeing.
- The Event Manager appointed by the Host.
- The Local Organising Committee Pool Event Manager appointed by the Host.
- The Local Organising Committee Ocean Venue Manager appointed by the Host.
- The Safety Officer appointed by the Host.
- The Security Officer appointed by the Host.
- Other members appointed by the Event Management Committee.

6. LWC LOCAL ORGANISING COMMITTEE (LOC)

- 6.1 The LWC Local Organising Committee (LOC) shall, as detailed in the ILS Contract to host the LWC, be responsible for the development and delivery of the safety, security, logistical, and operational plans for the LWCs including overall LWC Calendar, Transport, Sustenance, Clothing, Safety and Emergency, and Relocation Plans, etc.
- 6.2 A Local Event Manager is to be appointed and is responsible to the LOC. The Local Event Manager is responsible for the organisation of the competition within the parameters established by this Handbook, the current edition ILS Competition Rule Book, and the

Competition Committee. The Local Event Manager deals with any issues and represents the LOC at the LWC venues. During the LWC the Local Event Manager reports to the Competition Committee.

- 6.3 The EMC or the Competition Committee, as appropriate, shall approve competition and non-competition matters relating to the LWCs.
- 6.4 The composition of the Local Organising Committee shall be determined by the host but must include Safety and Security Officers and LOC Venue Managers for pool and ocean venues.
- 6.5 Formal records of any meetings of the LOC must be taken and kept.

7. COORDINATION COMMITTEE (COCOM)

The CoCom is a periodic meeting of agreed participants from ILS (usually the EMC) and the Local Organising Committee to review preparations for the Life Saving World Championships. These CoCom participants report progress and agreed actions to their respective Committees.

Formal records of any meetings of the CoCom must be taken and kept.

8. LWC SAFETY COMMITTEE (SAFETY COMMITTEE)

- 8.1 For each LWC, the Competition Committee shall appoint a Safety Committee.
- 8.2 The Safety Committee must consider and advise the Competition Committee on all matters relating to competition and non-competition safety and emergency services. The Chair of the Safety Committee shall be the Safety and Emergency Management Coordinator who shall also be a member of the LOC and the Competition Committee.
- 8.3 Formal records of any meetings of the Safety Committee must be taken and kept.
- 8.4 The composition of the Safety Committee will be determined by the Competition Committee and may include the following:
 - The Safety Officer (Chair).
 - The Security Officer.
 - Medical/First Aid Officer.
 - Work Health and Safety Advisor.
 - Infectious Disease (COVID) Adviser (or Marshall).
 - Chief Referee or Deputy Referee. The Referees sit on the LWSC only for the LWC events they are overseeing.
 - Power Craft Coordinator.
 - Area Risk and Response Coordinator/Officers.
 - Water Safety Coordinator.
 - LOC Representative for Pool and Ocean Venues (as appropriate).
 - Local Lifesaving/Lifeguarding Authority Representative (where appropriate).
 - Local Police/Emergency Service Organisations.

9. LWC VENUES

- 9.1 The Host shall provide to the ILS Sport Commission a declaration that the pool venue and the beach venue meet all ILS specifications.
- 9.2 The selected Beach and Pool venues for the LWC 2024 are:
 - Beach: Kurrawa Beach, Old Burleigh Road, Broadbeach 4218, see: <https://beachsafe.org.au/beach/qld/gold-coast/broadbeach/kurrawa>
 - Pool: Gold Coast Aquatic Centre, Marine Parade, Southport 4215, see: <https://www.goldcoast.qld.gov.au/Services/Venues-facilities/Aquatic-centres/Gold-Coast-Aquatic-Centre>
- 9.3 The identified back up Beach and Pool venues for the LWC 2024 are:
 - Beach: North Kirra Beach, Pacific Parade Bilinga ,4225.

<https://beachsafe.org.au/beach/qld/gold-coast/bilinga/north-kirra>

- Pool: Palm Beach Aquatic Centre, 1 Thrower Drive, Currumbin, 4221
<https://www.goldcoast.qld.gov.au/Services/Venues-facilities/Aquatic-centres/Palm-Beach-Aquatic-Centre> (venue currently under construction)

10. EQUIPMENT

- 10.1 The Host shall submit to the ILS Sport Commission a declaration that all provided equipment to be used in the LWC 2024 meets ILS specifications and standards.
- 10.2 The Host shall supply the equipment at least two days before the start of the competitions and during the complete duration of the competitions.
- 10.3 The Host will guarantee that the equipment meets the ILS approved specifications and is in excellent condition.
- 10.4 The Host will provide the following competition equipment:

a) For the Training Pool Competitions

- At least two obstacles per training pool.
- At least two rescue tubes ¹ per training pool.
- At least two manikins ² per training pool.
- At least two throwing lines per training pool.

b) For the Pool Competitions

- At least 18 obstacles.
- At least 18 rescue tubes ¹.
- At least 18 manikins ².
- At least 10 throwing lines.
- At least 32 stopwatches and clipboards.
- All SERC equipment requested by the ILS EMC.
- Automatic officiating equipment for timing, placing, and interfacing with the scoring system.

c) For the Beach Competitions

- At least 68 Batons for the Beach Relay and Beach Flags events.

d) For the Ocean Competitions

- At least 20 rescue tubes ¹.
- At least 24 clipboards.
- A pool of equipment of
- At least 8 ILS-Endorsed and fully equipped surfboats and related oars and sweep oars.
- At least 12 ILS-endorsed and fully equipped and Inflatable Rescue Boats with engines with gear protection ³.
- At least 24 surf skis and paddles.
- At least 24 racing boards.
- At least 8 fully equipped surf boats and oars.

Note: Competitors will be required to bring their own helmets for use in IRB and Surf Boat LWC.

¹ The Rescue Tubes from Surf Life Saving Australia or any other rescue tube with the same specification and approved by the ILS Sport Commission.

² The Manikins from the German Life Saving Federation (DLRG) or any other manikin with the same specifications and approved by the ILS Sport Commission.

³ The LOC will provide fully equipped IRBs on a pooled basis for the IRB LWC. (See the ILS Competition Rulebook Section 7). The competition IRBs and associated equipment must be of the same design, make and model and in excellent working condition. A

e) For the Set-up, safety and judging

- At least 6 fully equipped Inflatable Rescue Boats with engines or suitable motorised surf break watercraft and safety equipment (also refer below) for the crew and officials.
- 10.5 The following equipment is considered to be personal equipment and will not be provided by the Host: swimwear, nose clips, ear plugs, goggles, caps, swimming fins, helmets, and personal life vests/jackets.
- 10.6 The Host shall separately publish/advise details of the equipment pool and under what terms and conditions such equipment is available for training and competition use by competitors. Refer <https://www.lwc2024.com> for details.

The LWC 2024 LOC has prepared this list of contents of the equipment pool with the brand or description and reference information available at the time of publication. The LOC reserves the right to substitute similar equipment and will provide updates as appropriate on the ILS website: See: www.ilsf.org.

Manikins: DRLG branded manikins that comply with ILS specifications will be used
Website reference: <https://shop.dlrg.de/produkt-katalog/ausbildung/Schwimmen/Uebungs-und-Rettungspuppe>

Rescue tubes: SLSA branded rescue tubes that comply with ILS specifications will be used.
Website reference: <https://shop.sls.com.au/store/rescue-tube>

Throw lines: Throw lines that comply with ILS specifications shall be used.
Website reference: <https://wetiz.eu/en/accessoires/89-line-throw-line.html>

Obstacles: SLSQ in house manufactured obstacles that comply with ILS specifications will be used. The construction is white pressure pipe with red/orange coloured cloth (mesh) inserts. The obstacles are suspended over the lanes ropes and are secured to form a straight line across the pool surface.

Batons: SLSA branded beach relay/flags batons that comply with ILS specifications will be used.
Website reference: <https://shop.sls.com.au/product/beach-flags-5-pack>

Surf skis: Race One/Dolphin brand current model surf skis that comply with ILS specifications will be used. Different leg lengths/variable leg lengths will be available.
Website reference <https://watermanstore.com.au/collections/surf-life-saving-craft>

Surf ski paddles: Race One brand paddles with differing lengths and blade sizes to suit competitor requirements will be made available.
Website reference: <https://raceone.com.au>

Racing boards: Race One/Dolphin brand racing paddle boards that comply with ILS specifications will be used. Different paddler weights will available.
Website reference <https://watermanstore.com.au/collections/surf-life-saving-craft>

IRB hull: Thundercat Gen III – 1 Spec Design
Website reference: <https://thundercatinflatables.com.au>

IRB engines: Mercury approved two stroke 25 HP Sea Pro outboard motors fitted with stainless steel propeller, prop guard and surf kit.⁴
Website reference: <https://www.hitechmarine.com.au/listing/mercury-25-hp-sea-pro/>

Surf Boat and Oars: Club owned Australian Surf boats and oars of various brands. Clubs from overseas are invited to contact the organisers to request assistance.
Website reference: <https://www.lwc2024.com>

11. MANIKIN HANDLING STAFF IN THE POOL

During pool competition the Host will provide a team of at least 12 poolside workers, the team consists of 10 good swimmers who all are dressed the same and have swimming

⁴ marine mechanic is also to be on site during competition to ensure that the IRBs and motors are in good working order for competition and safety purposes.

fins and preferably swimming vests, and two divers. The selected swimmers will bring the manikins, all in one line, to their starting position and position the manikins on the bottom of the pool as per the rules. At least 2 divers are also to be provided by the Host. The divers are only there to verify and correct misplacements, with one diver to be located on each side of the pool.

12. COMPETITION SAFETY AND SECURITY ⁵

- 12.1 The provision of a safe and secure LWC is essential. At the LWC, the Host is responsible for the provision of adequate resources to ensure the safety and security of those involved with the LWC competition.
- 12.2 The Host shall appoint a Safety Officer who is responsible for ensuring that all competition facilities and environments are safe for use, and that the appropriate safety plan, and infectious disease plan (where required), equipment, craft, procedures, and emergency personnel are in place to ensure the safety of competitors, officials, and spectators, etc. The Safety Officer is a member of the Competition Committee and is Chair of the LWC Safety Committee.
- 12.3 The Host shall appoint a Security Officer who shall be responsible for advising the LOC, Competition Committee and Safety Committee on all matters relating to competition and non-competition security. The Security Officer is also responsible for ensuring that an appropriate security plan, procedures and security and personnel are in place to secure all participants, spectators, equipment, and gear etc. at competition venues, facilities, and environments. The Security Officer is a member of the Competition Committee and the Safety Committee.
- 12.4 If required the Host will have an infectious disease (e.g., Covid-19) management plan in place to ensure that the event is run totally in accordance with any the restrictions and protocols that are in place to meet Government regulations that will be in place at the time of the event. Any plan developed plan will be monitored and adjusted as required as regulations change. Such plans will be communicated to all participating teams in advance of the LWC events. Online briefings will be arranged for team managers and Technical Officials at least 2 weeks prior to the commencement of LWC 2024.
- 12.5 The Host shall submit its safety and emergency plan, relocation contingency plan and its security plan to the ILS EMC no later than six months prior to the start of the LWC.
- 12.6 The safety and emergency plan and the relocation contingency plan shall be published on the LWC website at <https://www.lwc2024.com> at least 6 months prior to the start of LWC 2024.
Note: Subject to conditions, and unless otherwise authorised by the Competition Committee, no ocean water event shall commence prior to one (1) hour after first light or will conclude less than a minimum of ninety minutes before there is insufficient light to enable an effective search and rescue operation (SAR) to be undertaken in the event of a missing LWC participant.
- 12.7 No competition shall be conducted until the Competition Committee is satisfied that the competition facilities are safe and secure, and that the appropriate safety and emergency plan, security plan, equipment, procedures, and personnel are in place.
- 12.8 No ocean event shall be conducted until the Chief Referee has assessed the surf conditions and reported to the Competition Committee. Only the Competition Committee has the authority to cancel, reschedule, or relocate the Championships and/or an event.

⁵ Refer to the current edition ILS Competition Rule Book for development and implementation of the Safety and Emergency Plan and the Relocation Contingency Plan for LWC.

- 12.9 The Chief Referee or the appointed coordinator of emergency services (as named in the safety and emergency plan) shall assume control of emergencies arising during competition.⁶

13. ELIGIBILITY RULES AND RIGHT TO COMPETE

13.1 GENERAL

- a) The National Teams LWC (Open, Youth and IRB) are open to competitors of Nations of an ILS Full Member National Lifesaving Organisation (NLO). Should the Full Member NLO not compete, the nation may be represented by competitors of an Associate or Corresponding NLO), but only if the Full Member NLO provides written approval to ILS.
- b) The Interclub Teams LWC (Open, Youth, Masters, IRB, Surfboat and Extra) may also be entered by competitors of Associate and Corresponding NLO, but only if the Full Member NLO provides written approval to the ILS.
- c) The LWC are intended for bona fide members of their ILS NLO and eligibility to compete is determined by each NLO.
- d) The ILS considers it unethical to recruit competitors for their high-performance athletic ability whose lifesaving credentials are tenuous or merely convenient for purposes of competing in the LWC. ILS NLO and Team officials are the key to preventing such unethical practices and must emphasise “play within the rules” behaviour.
- e) A competitor is permitted to compete for a National Team from one country and for a Club Team from a different country or organisation at the same LWC year.
- f) A competitor must compete for only one nation in all National Teams LWC conducted in the same year.
- g) A competitor must compete for one club for the entire LWC, e.g., in the same LWC year a member is not permitted to compete for one club in the Masters LWC and for another club in the Open Interclub LWC.
- h) It is the responsibility of a NLO to endorse their participants in LWC. If this endorsement is not provided upon request, the Competition Committee reserves the right to undertake any required measure to ensure the eligibility of competitors to participate.
- i) The ILS has age requirements to be eligible to compete in LWC. In this regard, the ILS follows the International Olympic Committee (IOC) guidelines for determining the age of competitors in LWC. In short, a competitor’s age is determined by how old he or she is as at December 31 of the year in which they are participating in the LWC. Particular age requirements are detailed in each of the LWC.
- j) Personal and other insurances are the responsibility of each person attending an ILS LWC irrespective of their capacity e.g., competitor, team official, technical official, handler, supporter, delegate, board member, commission member, spectator etc.

13.2 ELIGIBILITY TO PARTICIPATE AT THE NATIONAL TEAMS OPEN AND YOUTH LWC

- a) The National Teams LWC are open to one Youth team and one Open team per nation.
- b) Each nation, as defined by the ILS, must have at least one current ILS Full Member to be eligible to enter a team.
- c) To be eligible to compete on a national team, competitors shall:
 - Be citizens, by birth or naturalisation, of the nation they represent and satisfy the IOC eligibility requirements to compete for that nation.

⁶ Accredited team medical staff have immediate and appropriate entry to ocean and beach event arenas, pool deck areas, first aid facilities and to treatment rooms, etc. to access an injured or ill athlete from their team. Accredited team medical staff are to be identified in the competition arena by appropriate badge, bib or clothing and should make themselves known beforehand to the Host safety teams.

- Be bona fide members in good standing of the ILS Full Member NLO and eligible to compete as determined by the NLO. Should the Full Member NLO not compete, the nation may be represented by competitors of an Associate or Corresponding NLO, but only if the Full Member NLO provides written approval to ILS.
- Have been members of their team’s NLO for a continuous period of at least 90 days prior to the first day of the LWC – regardless of which competition is scheduled first. For the LWC 2024, competitors must have been a member of their NLO on or before 25 May 2024. This date is based on the first competition day scheduled for the LWC 2020 (i.e., 23 August 2024 for the Masters LWC).
- For purposes of out-of-competition testing, be registered with the World Anti-Doping Agency (WADA) prior to the first day of the LWC programme (regardless of which competition is scheduled first). For LWC 2024 this date is 23 August 2024.
- Attain the required age in the year of the LWC:
- Youth – be 15 to 18 years of age.
- Open – be a minimum of 16 years of age.
- Specifically, for the National Teams LWC 2024:

Youth	
Eligible	Competitors who turn 15, 16, 17 or 18 years of age on or before 31/12/2024.
Not Eligible	Competitors who turn 14 or 19 in 2024 and those not endorsed by their NLO to participate.

Open	
Eligible	Competitors who turn 16 years of age on or before 31/12/2024. There is no maximum age.
Not Eligible	Competitors who are younger than 15 or turn 15 in 2024 and those not endorsed by their NLO to participate.

- d) A competitor who is a citizen of more than one nation must choose which one to represent in National Teams LWC. The competitor shall then fall under the exclusive jurisdiction of that nation’s ILS NLO.
- e) The ILS NLO shall provide an endorsement declaring that their national team members are bona fide members; and provide proof of eligibility, i.e., copy of the passport or other citizenship document for each member of the national team.
- f) Composition of a team: A team consists of competitors and team officials:
- Competitors: A team may consist of a minimum of one competitor and a maximum of six women and a maximum of six men competitors. It is not mandatory to have both men and women competitors in a team. Teams may not increase the number of men or women competitors beyond six.
 - Team Officials: Competitors can be accompanied by Team Officials such as coaches, trainers, physiotherapists, physicians, and any other non-competitive management personnel. There are no limits on the number of or gender requirements for Team Officials.
- Note 1:** Consideration should be given to the gender composition of competitors and when selecting Team Officials.
- Note 2:** Notwithstanding the number of team officials, a maximum of two medals for team officials are awarded to teams finishing first, second, and third in the overall point score.
- g) National Team competitors 16 to 18 years may enter either Open or Youth competition but not both. Fifteen-year-olds are not eligible for Open competition.

13.3 ELIGIBILITY TO PARTICIPATE AT THE NATIONAL TEAMS IRB LWC

- a) The National Teams IRB LWC is open to one team per nation.

- b) Each nation, as defined by the ILS, must have at least one current ILS Full Member to be eligible to enter a team.
- c) To be eligible to compete on a national team, competitors shall:
- Be citizens, by birth or naturalisation, of the nation they represent.
 - Be bona fide members in good standing of the ILS Full Member NLO and eligible to compete as determined by the NLO. Should the Full Member NLO not compete, the nation may be represented by competitors of an Associate or Corresponding NLO, but only if the Full Member NLO provides written approval to ILS.
 - Have been members of their team’s NLO for a continuous period of at least 90 days prior to the first day of the LWC – regardless of which competition is scheduled first. For the LWC 2024, competitors must have been a member of their NLO on or before 25 May 2024. This date is based on the first competition day scheduled for the LWC 2020 (i.e., 23 August 2024 for the Masters LWC).
 - For purposes of out-of-competition testing, be registered with the World Anti-Doping Agency (WADA) prior to the first day of the LWC programme (regardless of which competition is scheduled first). For LWC 2024 this date is 23 August 2024.
 - Attain the required age in the year of the Championships:
 - Drivers – be a minimum of 18 years of age.
 - Crew - be a minimum of 16 years of age.
 - Crew and Patients - be a minimum of 15 years of age.
 - Specifically, for National Teams IRB LWC 2024:

Inflatable Rescue Boats (IRBs)	
Eligible	Drivers who turn 18 years of age on or before 31/12/2024. There is no maximum age. ⁷
Not Eligible	Drivers who turn 17 in 2024, those who are not certified by their NLO to operate craft and unlicensed drivers.
Eligible	Crew who turn 16 years of age on or before 31/12/2024. There is no maximum age.
Not Eligible	Crew who turn 15 in 2024 and those who are not certified by their NLO to crew IRBs.
Eligible	Patients who turn 15 years of age on or before 31/12/2024. There is no maximum age.
Not Eligible	Patients who turn 14 in 2024 and those who are not certified by their NLO to be a patient in IRB competition.

- a) A competitor who is a citizen of more than one nation must choose which nation to represent. The competitor shall then fall under the exclusive jurisdiction of that nation’s ILS NLO.
- b) ILS NLO Members shall provide an endorsement declaring that their national team members are bona fide members; and provide proof of eligibility, i.e., copy of the passport or other citizenship document for each member of the national team.
- c) Composition of a team: A team consist of competitors and team officials:
- Competitors: A team may consist of a minimum of three competitors of the same gender and a maximum of four women and a maximum of four men. It is not mandatory to have both men and women competitors on a team. Teams may not increase the number of men or women competitors beyond four.

⁷ The Host will advise teams if there are any particular Queensland, Australia licensing requirements to be obtained to operate IRBs and, if required, the arrangements for licensing. Refer also the LWC 2024 website at <https://www.lwc2024.com>.

- **Team Officials:** Competitors can be accompanied by Team Officials such as coaches, trainers, physiotherapists, physicians, and any other non-competitive management personnel. There are no limits or gender requirements on the number of or gender requirements for Team Officials.
Note 1: Consideration should be given to the gender composition of competitors and when selecting Team Officials.
Note 2: Notwithstanding the number of team officials, a maximum of two medals for team officials are awarded to teams finishing first, second, and third in the overall point score.

13.4 ELIGIBILITY TO PARTICIPATE IN Interclub OPEN AND YOUTH TEAMS LWC

- The Interclub LWC are open to one Youth team and one Open team per club ⁸ or lifesaving unit ⁹. All team members must be in good standing with a current ILS Full Member.
- The LWC may also be entered by bona fide competitors of ILS Associate and Corresponding Members clubs but only if the Full Member provides written approval to the ILS.
- To be eligible to compete in the Interclub LWC, competitors shall:
 - Be bona fide members in good standing of an eligible current ILS Member and eligible to compete as determined by the NLO.
 - Have been members of their ILS NLO for a continuous period of at least 90 days prior to the first day of the LWC – regardless of which competition is scheduled first. For the LWC 2024, competitors must have been a member of their NLO on or before 25 May 2024. This date is based on the first competition day scheduled for the LWC 2020 (i.e., 23 August 2024 for the Masters).
 - All be members of the same lifesaving club, or lifesaving “unit” of a national lifesaving organisation and not a composite team from multiple clubs or units.
 - Attain the required age in the year of the Championships:
 - Youth – be 15 to 18 years of age.
 - Open – be a minimum of 16 years of age.
 - Specifically, for the Interclub LWC 2024:

Youth	
Eligible	Competitors who turn 15, 16, 17 or 18 years of age on or before 31/12/2024.
Not Eligible	Competitors who turn 14 or 19 in 2024 and those not endorsed by their NLO to participate.

Open	
Eligible	Competitors who turn 16 years of age on or before 31/12/2024. There is no maximum age.
Not Eligible	Competitors who are younger than 15 or turn 15 in 2024 and those not endorsed by their NLO to participate.

- For entry into the Interclub LWC, national lifesaving organisations shall provide an endorsement declaring that competitors meet the eligibility requirements listed above.
- International transfers: Competitors must apply to transfer to a foreign club. For the application to succeed, competitors require approval from their home club, region, and

⁸ A club is the basic administrative or lifesaving unit of the NLO (not an amalgam of such units). Such club having a constitution and having representation to a higher body.
⁹ A lifesaving unit is the basic administrative or lifesaving unit of the NLO (not an amalgam of such units); such unit having a constitution and having representation to a higher body.

national organisation. Refer to the ILS Competition Rulebook for International club transfer rules and procedures.

- f) Composition of a team: A team consist of competitors and team officials:
- Competitors: A team may consist of a minimum of one competitor and a maximum of ten women and a maximum of ten men competitors. It is not mandatory to have both men and women competitors in a team. Teams may not increase the number of men or women competitors beyond ten.
 - Team Officials: Competitors can be accompanied by Team Officials such as coaches, trainers, physiotherapists, physicians, and any other non-competitive management personnel. There are no limits or gender requirements on the number of or gender requirements for Team Officials.
- Note 1:** Consideration should be given to the gender composition of competitors and when selecting Team Officials.
- Note 2:** Notwithstanding the number of team officials, a maximum of two medals for team officials are awarded to teams finishing first, second, and third in the overall point score.
- g) Interclub competitors 16-18 years may enter team events in either or both Open and Youth competition. Regardless, team size for both Open and Youth Interclub teams remain at 10 men and 10 women maximum. No event will be delayed to allow participants to compete in both Interclub youth and open competitions.

13.5 ELIGIBILITY TO COMPETE IN INTERCLUB MASTERS LWC

- a) The Interclub LWC are open to club ¹⁰ or lifesaving unit ¹¹ Masters aged members. All team members must be in good standing with a current ILS Full Member.
- b) The LWC may also be entered by bona fide competitors of ILS Associate and Corresponding Members clubs but only if the Full Member provides written approval to the ILS.
- c) To be eligible to compete in the Interclub Masters LWC, competitors shall:
- Be bona fide members in good standing of an eligible current ILS Member club and eligible to compete as determined by the NLO.
 - Have been members of their team’s NLO for a continuous period of at least 90 days prior to the first day of the LWC – regardless of which competition is scheduled first. For the LWC 2024, competitors must have been a member of their NLO on or before 25 May 2024. This date is based on the first competition day scheduled for the LWC 2020 (i.e., 23 August 2024 for the Masters LWC).
 - All be members of the same lifesaving club, or lifesaving “unit” of a national lifesaving organisation and not a composite team from multiple clubs or units.
 - Be a minimum of 30 years of age in the year of the LWC.
 - Specifically, for the Interclub Masters LWC 2024:

Masters	
Eligible	Competitors who turn 30 years of age on or before 31/12/2024. There is no maximum age.
Not Eligible	Competitors who turn 29 or younger in 2024 and those not endorsed by their NLO to participate.

¹⁰ A club is the basic administrative or lifesaving unit of the NLO (not an amalgam of such units). Such club having a constitution and having representation to a higher body.

¹¹ A lifesaving unit is the basic administrative or lifesaving unit of the NLO (not an amalgam of such units); such unit having a constitution and having representation to a higher body.

- d) For Masters team events, in which the ages of the team members total a specified cumulative age, the cumulative age is determined by the age of the team members in the year of the LWC. For example, in a four-person team where the total age is to be a minimum of 140 years, team members may be 30 years, 35 years, 37 years and 38 years of age on or before 31/12/2024.
- e) Masters competitors may not compete in more than one age category in Masters competition.
- f) Masters competitors may participate in both individual events and team events. In team events, the team must not be made up of competitors from multiple clubs or multiple lifesaving units.
- g) Composition of a team: A team consist of competitors and team officials:
- Competitors: A team may consist of a minimum of one competitor. There is no maximum. It is not mandatory to have both men and women competitors in a team.
 - Team Officials: Competitors can be accompanied by Team Officials such as coaches, trainers, physiotherapists, physicians, and any other non-competitive management personnel. There are no limits on the number of or gender requirements for Team Officials.
- Note: Consideration should be given to the gender composition of competitors and when selecting Team Officials.
- h) Competitors entered as a club must be members of the same club or lifesaving unit.
- i) International transfers: Competitors must apply to transfer to a foreign club. For the application to succeed, competitors require approval from their home club, region and NLO. Refer to the current edition ILS Competition Rule Book for International club transfer rules and procedures.
- j) For entry into the Interclub Masters LWC, NLO shall provide an endorsement to the Host declaring that competitors meet the eligibility requirements listed above.
- k) Team events: Team events may only be entered by a club. Team members must represent the same club. In each team event, Masters competitors shall compete only in the age-group for which they are eligible. In the Masters Line Throw event, the two-person team shall compete in the age group of the younger competitor.
- l) Individual events: In individual events, Masters competitors must compete only in the age-group for which they are eligible.

13.6 ELIGIBILITY TO PARTICIPATE IN THE INTERCLUB IRB, SURF BOATS, AND BEACH RUN LWC

- a) The Interclub IRB, Surf Boat, and Beach Run Relay LWC are open to club ¹² or lifesaving unit ¹³ members. All team members must be in good standing with a current ILS Full Member.
- b) The LWC may also be entered by bona fide competitors of ILS Associate and Corresponding Members clubs but only if the Full Member provides written approval to the ILS.
- c) To be eligible to compete in the Interclub IRB, Surf Boat, and Beach Run Beach Run Relay LWC, competitors shall:
- Be bona fide members in good standing of an eligible current ILS Member club and eligible to compete as determined by the NLO.

¹² A club is the basic administrative or lifesaving unit of the NLO (not an amalgam of such units). Such club having a constitution and having representation to a higher body.

¹³ A lifesaving unit is the basic administrative or lifesaving unit of the NLO (not an amalgam of such units); such unit having a constitution and having representation to a higher body.

- Have been members of their ILS NLO for a continuous period of at least 90 days prior to the first day of the LWC – regardless of which competition is scheduled first. For the LWC 2024, competitors must have been a member of their NLO on or before 25 May 2024. This date is based on the first competition day scheduled for the LWC 2020 (i.e., 23 August 2024 for the Masters).
- All be members of the same lifesaving club, or lifesaving “unit” of a national lifesaving organisation and not a composite team from multiple clubs or units.
- Be a minimum of 15 years of age in the year of the LWC to compete in Surf Boat competition and in IRB events as a patient.
- Be a minimum of 15 years of age in the year of the LWC to compete in Beach Run and Beach Run Relay.
- Specifically, for the Interclub IRB, Surf Boat, and Beach Run Relay LWC 2024:

Open and Reserve Surf Boats	
Eligible	Competitors who turn 15 years of age on or before 31/12/2024. There is no maximum age.
Not Eligible	Competitors who turn 14 in 2024 and those not endorsed by their NLO to participate.

23 Years Surf Boats	
Eligible	Competitors who turn 15, 16, 17, 18, 19, 20, 21, 22 or 23 years of age on or before 31/12/2024.
Not Eligible	Competitors who turn 14 or 24 in 2024 and those not endorsed by their NLO to participate.

19 Years Surf Boats	
Eligible	Competitors who turn a minimum age of 15 years of age on or before 31/12/2024.
Not Eligible	Competitors who turn 14 or 20 in 2024 and those not endorsed by their NLO to participate.

Masters Surf Boats	
Eligible	Competitors who turn 30 years of age on or before 31/12/2024. There is no maximum age. Sweeps do not need to be Master’s competitors but they must be eligible to compete in Open Surf Boat competition.
Not Eligible	Competitors who turn 29 or younger in 2024 and those not endorsed by their NLO to participate.

Inflatable Rescue Boats (IRBs)	
Eligible	Drivers who turn 18 years of age on or before 31/12/2024. There is no maximum age. ¹⁴
Not Eligible	Drivers who turn 17 in 2024, those who are not certified by their NLO to operate craft, unlicensed drivers, and those not endorsed to participate by their NLO.

¹⁴ The Host will advise teams if there are any particular Queensland, Australia licensing requirements to be obtained to operate IRBs and, if required, the arrangements for licensing. Refer also the LWC 2024 website at <https://www.lwc2024.com>.

Eligible	Crew who turn 16 years of age on or before 31/12/2024. There is no maximum age.
Not Eligible	Crew who turn 15 in 2024 and those who are not certified by their NLO to crew IRBs, and those not endorsed to participate by their NLO.
Eligible	Patients who turn 15 years of age on or before 31/12/2024. There is no maximum age.
Not Eligible	Patients who turn 14 in 2024 and those who are not certified by their NLO to be a patient in IRB competition, and those not endorsed to participate by their NLO.

Youth Beach Run and Beach Run Relay

Eligible	Competitors who turn 15, 16, 17 or 18 years of age on or before 31/12/2024.
Not Eligible	Competitors who turn 14 or 19 in 2024 and those who are not endorsed by their NLO to participate.

Open Beach Run and Beach Run Relay

Eligible	Competitors who turn 16 years of age on or before 31/12/2024. There is no maximum age.
Not Eligible	Competitors who are younger than 15 or turn 15 2024/2024 and those who are not endorsed by their NLO to participate.

Note: Eligible competitors may enter both Youth and Open Beach Run and Relay competitions unless open and youth are conducted simultaneously. In such circumstances the competitor(s) must choose in which event they are participating.

- a) Open LWC competitors are entered as members of a club, and, depending on the LWC entered, may participate in individual events and/or team events. Refer to specific events for any restriction on participation numbers.
- b) Composition of a team: A team consist of competitors and team officials:
 - Competitors: A team may consist of one or more competitors specified in the appropriate rule. It is not mandatory to have both men and women competitors in a team.
 - Team Officials: Competitors can be accompanied by Team Officials such as coaches, trainers, physiotherapists, physicians, and any other non-competitive management personnel. There are no limits on the number of or gender requirements for Team Officials.
Note: Consideration of the gender composition of competitors should be made when selecting Team Officials
- c) International transfers: Competitors must apply to transfer to a foreign club. For the application to succeed, competitors require approval from their home club, region, and national organisation. Refer to the ILS Competition Rulebook for International club transfer rules and procedures.
- d) For entry into the Open LWC, national lifesaving organisations shall provide an endorsement declaring that competitors meet the eligibility requirements listed above.

13.7 ELIGIBILITY TO COMPETE IN EXTRA (DEMONSTRATION) EVENTS

- a) ILS has approved the March Past event for LWC 2024. The event will be conducted as a mixed event (i.e., any combination of men and women competitors) for club teams in the Open and Youth categories.
- b) All team members must be in good standing with a current ILS NLO. Competitors shall:

- Be bona fide members in good standing of an eligible current ILS Member club and eligible to compete as determined by the NLO.
 - Have been members of their ILS NLO for a continuous period of at least 90 days prior to the first day of the LWC – regardless of which competition is scheduled first. For the LWC 2024, competitors must have been a member of their NLO on or before 25 May 2024. This date is based on the first competition day scheduled for the LWC 2020 (i.e., 23 August 2024 for the Masters).
 - All be members of the same lifesaving club, or lifesaving “unit” of a national lifesaving organisation and not a composite team from multiple clubs or units.
 - Be a minimum of 13 years of age in the year of the LWC and competitors under the age of 20 years in the year of the LWC may participate in one of the Open or Youth March Past event.
- c) International transfers: Competitors must apply to transfer to a foreign club. For the application to succeed, competitors require approval from their home club, region, and national organisation. Refer to the ILS Competition Rulebook for International club transfer rules and procedures.
- d) For entry into the Extra events, national lifesaving organisations shall provide an endorsement declaring that competitors meet the eligibility requirements listed above.
- Note:** The inclusive Albatross Nipper demonstration (for young people with special needs) will be arranged, managed, and conducted by SLSQ.

14. ENTRY PROCEDURES

14.1 CHAMPIONSHIPS REGISTRATION

- a) All teams must register prior to the LWC 2024 in accordance with the procedures, fee structure and deadlines established by the ILS and the LOC. Entries close for all LWC 2024 one month prior to the commencement of the first championships i.e., 23 July 2024 – refer to <https://www.lwc2024.com>,
- b) ILS maintains a database of the names of all competitors registered for all LWC.
- c) New team registrations received after 23 July 2024 shall only be considered in exceptional circumstances by the LOC in conjunction with the ILS EMC through the ILS Event Director.

14.2 POOL LIFESAVING EVENTS ENTRY GUIDE TIMES

- a) The ILS Sport Commission have established entry guide times (Qualifying Times) for Youth, Open and Masters competitors in individual pool events in the National Teams, Interclub and Masters Interclub LWC 2024. There are no Entry Guide Times for Team and Relay pool events.
- b) Entry Guide times assist organisers with presentation and timetabling of LWC.
- c) Entry Guide times for LWC 2024 shall be based on the relevant world record times for individual events as at the conclusion of LWC 2022 plus 50%. The times are detailed in Section 25 of this document. The Entry Guide times may also be published with event entry registration information.

14.3 ENTRY TIMES

Seeding shall be used for National Teams Interclub Masters LWC. For pool events, competitors' times at competitions within the period beginning with the first day of the last LWC to the entry deadline for the forthcoming LWC, shall be submitted on the entry forms. Times are required for both individual and team events. Competitors and teams shall be ranked according to their entry times.

Note 1: The Entry System will not allow an entry to be completed without an entry time being submitted or if the entry time is slower than the Entry Guide Time. Further, Team

Managers are requested not to enter an athlete if they cannot achieve the Entry Guide time.

Note 2: Any entry times submitted that are faster than the ILS World Record as at the close of normal entries shall not be accepted and the competitor or team will not be placed in a seeded heat.

Note 3: For seeding information see the current edition ILS Competition Rule Book Sections 3 and 4.

14.4 ENTRY FEES

The ILS Board of Directors shall approve LWC entry fees, and any conditions attached to entry, and other fees including changes to team, entries and events proposed by the LOC. Entry fees must be paid with the registration.

14.5 CHANGES IN TEAM PERSONNEL COMPOSITION AND SIZE

Team changes in Open and Youth National Team, and the Interclub Masters shall follow the following procedures:

- a) Only the team manager may advise a change of team personnel composition or size to the appropriate official, up to 48 hours prior to the team's first entry into a point score event. After that time, there shall be no further alteration of team composition. The only exception to this is if an independent medical certificate is produced or in the case of genuine hardship (as agreed by the Competition Committee). In such instances a change shall be accepted up to 2 hours prior to the team's first entry into a competition event. Competitors who subsequently withdraw due to injury or other reason may not be replaced by a non-registered competitor.
- b) The team manager shall notify the LWC organisers of the change in team composition using Live Heats (a digital event management system) provided by the organiser for LWC 2024 detailing:
 - Name of the member(s) to be withdrawn.
 - Name(s) and surname(s) of the competitor(s) being added.
- c) Notification must be accompanied by documentation from the team's national organisation which provides endorsement declaring that the replacement team member meets the eligibility criteria and is a bona fide member.
- d) Any applicable team composition change fee, as detailed in registration system, and below for individual and team event substitutions, must also accompany the amended entry.
- e) If team member numbers increase, all appropriate entry fees (including applicable late entry fees) must accompany the amended entry.
- f) In addition, the new competitor(s) or team management shall complete any registration documentation that the organisers may require. New competitors and team management are responsible for acquainting themselves with matters that may have previously been dealt with at team briefings, etc.

14.6 SUBSTITUTIONS IN INDIVIDUAL EVENTS

- a) Only the team manager may substitute individual team members in individual events with another member from the same team. Team managers must notify the appropriate officials of substitution no later than 30 minutes prior to the start of the event or prior to the commencement of marshalling – whichever comes first. All changes must be made using Live Heats.
- b) Competitors who have been replaced in an event may not be re-substituted into that same event, but they may contest other events in the competition.
- c) Substitutions are not permitted after the first round of an individual event has been conducted.

Note 1: An event is a series of races with the same prescribed set of rules and conditions. Lifesaving Sport events include the Obstacle Swim, Line Throw, SERC, Surf Swim, Oceanman and Oceanwoman, and Beach Flags.

Note 2: A race is a single contest of speed within an event in which the winner is determined by time or place. For example, a single heat is a race, the A-final is a race.

Note 3: An administrative fee per competitor per event may be charged where a competitor is substituted or withdrawn from an individual event, depending on the time-period when the change is notified. See Section 14.8 below.

14.7 SUBSTITUTIONS IN TEAM EVENTS

- a) Only the team manager may substitute individual team members in a team event with other members of the same national team or club. Team managers must notify the appropriate officials of the substitution(s) no later than 30 minutes prior to the start of the first round of the team event or 30 minutes prior to the commencement of marshalling in subsequent rounds. All changes must be made using Live Heats.
- b) Substitutions are permitted in any round of team events.

Note 1: An event is a series of races with the same prescribed set of rules and conditions. Lifesaving Sport events include the Obstacle Swim, Line Throw, SERC, Surf Swim, Oceanman and Oceanwoman, and Beach Flags.

Note 2: A race is a single contest of speed within an event in which the winner is determined by time or place. For example, a single heat is a race, the A-final is a race.

Note 3: An administrative fee per competitor per event may be charged where a competitor is substituted or withdrawn from the team, depending on the time period when the change is notified. See Section 14.8 below.

Note 4: There is no requirement for team members to start in their entered order in team events. However, where practicable teams should advise organisers of their intended order.

14.8 SUBSTITUTIONS AND WITHDRAWALS FROM EVENTS AND COMPETITOR OR TEAM NO-START IN EVENTS

- a) Any changes to team member composition and substitution of competitors in individual or team events at LWCs that are requested by team managers will be actioned. The ability to make changes rests solely with the team manager using Live Heats. Unless the change requires the intervention of the Event Administrators for LWC 2024 to complete, and because the team manager will make the changes themselves, no administrative fees for making such changes at LWC 2024 are foreseen.
- b) If a team manager knows that a competitor team for their club will not start in an event, or in the next round of an event, they should make the appropriate amendment to withdraw them using Live Heats at the earliest opportunity to assist with the smooth running of the Championships.

15. TEAM UNIFORMS AND EQUIPMENT

15.1 TEAM UNIFORM

- a) Each team shall have a uniform suitable for official ceremonies and award presentations. Team managers, coaches, and assistants will be encouraged to take part in the ceremonies and shall wear a uniform that complements that of the team.

Note 1: At official ceremonies, the expectation is that teams shall wear their team blazers and/or wear their team tracksuit, and/or t-shirt and shorts depending on team outfitting, the occasion, and the weather etc.

Note 2: For Medal Presentations at the pool the expectation is that place getters shall wear their team tracksuit, and/or t-shirt and shorts. At the Ocean, the expectation is that

team members shall wear their costumes, vest and cap or team tracksuit, and/or t-shirt and shorts.

- b) All competitors' uniforms must be in accordance with standards approved by ILS. The Chief Referee has the authority to exclude any competitor whose uniform or swimwear is not in accordance with ILS standards or the commercial identification policy.
- c) Commercial identification on uniforms, competition apparel or equipment shall be acceptable only where it conforms to the commercial identification policy (5.2 below).
- d) No club, competitor or handler may have any signage, logos or corporate identification on clothing, competition apparel, gear, equipment or on the person in the competition arena that the Chief Referee deems to be objectionable.
- e) Refusal to comply with any of the above renders the clothing, competition apparel, or equipment ineligible for the competition, and the competitor (and/or team) ineligible for further participation in the championships.
- f) If such breaches are found after the event or in post-race scrutineering, the competitor (and/or team) will forfeit titles and awards.

15.2 COMMERCIAL IDENTIFICATION POLICY

- a) The Competition Committee reserves the right to order the removal or coverage of commercial identification in conflict with official LWC sponsors. This includes body tattoos or body paint.
- b) Notwithstanding the foregoing, official sponsors of clubs and teams may retain their identification on competition apparel and equipment irrespective of commercial conflict, but must not display other signs, banners, flags, or other identification within close proximity to the competition arena.
- c) Competitors in all craft event heats, semi-finals, and finals may be required to carry championships sponsor signage affixed on craft or equipment provided. Team and individual sponsor signage on craft and equipment will not be covered unless it is unavoidable when fitting the championships sponsor signage.
- d) All individual competitors in LWC events may be asked to wear naming-rights sponsor's vests for televised heats, semi-finals, and finals. If the naming-rights sponsor conflicts with an existing team or individual sponsor or cultural or religious principles, unbranded vests may be worn.

Note: Notwithstanding the above, otherwise specified it is a condition of entry to the LWC 2024 that all competitors and handlers must wear the vests supplied by the LOC in all Ocean competition.

- e) Body tattoos, body paint: Sponsors may be shown once only on the body and may not exceed 150 mm by 50 mm in size.
- f) Television/video interviews may be undertaken in the competition arena with competitors. Competitors interviewed may be asked to wear championships sponsor apparel.
- g) Presentation: At the conclusion of the events, place winners may be offered items of apparel identified with LWC sponsors. Competitors will be asked to wear such items during the presentation. If the sponsor conflicts with an existing team or individual sponsor or cultural or religious principles, unbranded vests may be worn.

Note: Every co-operation is requested in this regard; the support of sponsors helps to curtail significant expenses that would otherwise be passed onto competition participants.

The table below outlines the size and frequency of an Identification of the Manufacturer. With the Identification, ILS means the normal display of the name, designation, trademark, or logo or any other distinctive sign of the manufacturer of an Item (excluding encrypted or encoded supports, such as barcodes or QR codes, as well as URLs, social media accounts and hashtags).

NAME	DEFINITION
Arm Bands	One Identification of the Manufacturer per item, with a maximum size of 6 cm ² per armband.
Bag	One Identification of the Manufacturer per item, not greater than 10% of the surface area of the item, to a maximum size of 60 cm ² .
Body	No Manufacturer identification may appear on the neck or the collar or on the body (e.g., tattoo) of any person participating at the World Championships.
Clothing	With clothing ILS means any piece of attire (including, without limitation, competition clothing as prescribed within the rules of each sport) worn by a competitor or team official, excluding accessories and Footwear. The size of an Identification of the Manufacturer shall not exceed 30 cm ² for Clothing. One additional identification, strictly limited to Product Technology Identifications, shall be permitted per clothing item, and shall not exceed 10 cm ² . Where one-piece body suits are used in competition, such Identifications shall be permitted once above and once below the waist, provided all other principles are respected.
Eyewear	Eyewear and goggles may carry the Identification of the Manufacturer as generally used on products sold. No identification is permitted on the lenses.
Footwear	With footwear ILS means shoes or boots worn by a competitor or team manager. One Identification of the Manufacturer per item, with a maximum size of 10 cm ² per item/shoe.
Gloves	One Identification of the Manufacturer per item, with a maximum size of 8 cm ² per glove.
Headgear	One Identification of the Manufacturer per item, with a maximum size of 10 cm ² .
Helmets	One Identification of the Manufacturer per item, with a maximum size of 10 cm ² .
Miscellaneous	The following Items may not feature any Identification of the Manufacturer except the one that was on the item when purchased: headphones, water bottles, umbrellas, towels, bandages, contact lenses, earplugs, mouth guards and nose clips.
Other items/Accessories	For any accessories not listed above, the size of the Identification of the One Identification of the Manufacturer per item, with a maximum size of 6cm ² .
Scarves	One Identification of the Manufacturer per item, with a maximum size of 6 cm ² per scarf.
Socks	One Identification of the Manufacturer per item, with a maximum size of 10 cm ² per sock.
Sports Equipment	With Sport Equipment we mean any sport-specific and necessary equipment used during sports competition (such as rescue tubes, fins, boards, helmets, skis, paddles, IRB, Surfboats, etc.). For any sport equipment the Identification of the Manufacturer will be not greater than 10% of the surface area of the item, to a maximum size of 60 cm ² .
Swimming Caps	One Identification of the Manufacturer per item, with a maximum size of 10 cm ² .

15.3 COMPETITION ATTIRE

The specifications and requirements for the following are detailed in Sections 2 and 8 of the current edition ILS Competition Rule Book:

- Swimwear.
- Swim caps and helmets.
- Vests.
- Lifejackets, personal flotation devices.
- Eyewear.
- Footwear.

15.4 STANDARDISED COMPETITION EQUIPMENT

a) Competitors must use the following equipment provided by the LOC:

- Batons for Beach Relay and Beach Flags events.
- Rescue manikins for pool events.
- Rescue tubes for pool and ocean events.
- Throw lines for pool events.
- Obstacles for pool events.
- Fully Equipped IRBs (except for lifejackets and helmets that will not be provided).

In addition, the LOC shall provide a competition equipment pool for optional use by competitors (See above):

- Surf skis and ski paddles.
- Boards.
- Surf Boats and Oars (except helmets that will not be provided).

b) A person appointed by the ILS EMC shall approve the supplier of the equipment provided by the LOC (that must produce equipment and craft that meets ILS specifications). All LOC supplied equipment must be scrutinised by an appointed ILS Technical Official prior to the commencement of the LWCs. An official decal or stamp shall be placed on the equipment to signify that the provided equipment complies with the ILS specification and is in safe repair.

c) Competitors may use their own swim fins, boards, surf skis, and paddles.

d) All competitor provided equipment used in National Teams Youth and Open LWCs must be scrutinised prior to use in competition to ensure compliance with current ILS specifications (refer to the current edition ILS Competition Rule Book) and is in safe repair. An official decal or stamp shall be placed on the equipment to signify that competitor provided equipment complies with specification. Should any equipment be found not to carry the decal or stamp in the competition marshalling area the equipment should not be used in National Teams competition.

There is no compulsory scrutineering of competitor provided equipment used in Interclub Youth and Open LWCs, the Interclub Masters LWC, and the Surfboat LWC. However, voluntary scrutineering will be available upon request.

Life jackets and/or helmets used in IRB and Surfboat LWCs will be subject to random scrutineering during marshalling of events.

Note: In addition, all equipment used in all ILS LWC is subject to random scrutineering for compliance and safety irrespective of whether it is pooled, or competitor supplied or has been previously scrutineered.

16. DOPING CONTROL

16.1 The ILS has a policy of drug-free competition with possible drug testing for all ILS LWC, ILS regional championships and World Games. Refer to www.ilsf.org to view or download ILS Anti-Doping Rules.

- 16.2 The ILS recognises that the host country may have laws or legal requirements in addition to the ILS drug policy. Competitors must be informed of such requirements as part of registration procedures.
- 16.3 A violation of the ILS Anti-Doping Rules leads to disqualification of an athlete's individual results including forfeiture of points, medals, and prizes in individual events. In a team event, if a member of a team violates the ILS Anti-Doping Rules, the entire team shall be disqualified from that event with the attendant loss of points, medals, and prizes.

Note: See Section 2 of the current edition ILS Competition Rule Book for more details.

17. PROTESTS, APPEALS, CODES OF BEHAVIOUR AND DISCIPLINE

17.1 PROTESTS AND APPEALS

- a) The Competition Committee reserves the right, at its absolute discretion, to delete, alter or otherwise vary any rule, competition criteria, timetable, or other matter as it deems necessary. Every effort will be made to ensure that each team manager receives notice of any such deletion, alteration, variation, or change. Protests resulting from such Competition Committee decisions are not permitted and will not be entertained.
- b) Where permitted a competitor or team manager may protest to a referee in accordance with the terms of the current edition ILS Competition Rule Book and may subsequently dispute a referee's decision. The processes for Protest and Appeals are prescribed in the current edition ILS Competition Rule Book.
- c) The fee for an Appeal in any LWC event at the LWC 2024 shall be \$AUD200 for an individual event and \$AUD300 for a team event. Appeals Fees are to be paid in cash. A receipt will be provided.

17.2 CODE OF CONDUCT AND DISCIPLINE

- a) ILS expects and requires of its competitors, officials, and members generally the highest standards of conduct and behaviour.
- b) ILS LWC are high profile public events. ILS expects all competitors, officials, members, and attendees to co-operate to ensure a positive public image. Behaviour likely to cause embarrassment or damage to the image of ILS or LWC competition or the LOC will be referred to the Disciplinary Committee. Penalties may include expulsion of individuals or teams from the competition.

Note: Refer to the current edition ILS Competition Rule Book for the code of conduct, the fair play code, misconduct and discipline expectations and processes.

18 PROGRAMME OF EVENTS

- a) For ILS LWC, the programme of events shall be established by the ILS Sport Commission.
- b) For the LWC 2024, the ILS Sport Commission will be conducting the following ILS Championships:
- National Teams Open Lifesaving World Championships (NT-O).
 - National Teams Youth Lifesaving World Championships (NT-Y).
 - National Teams Inflatable Rescue Boat Lifesaving World Championships (NT-IRB).
 - Interclub Teams Open Lifesaving World Championships (IC-O).
 - Interclub Teams Youth Lifesaving World Championships (IC-Y).
 - Interclub Teams Inflatable Rescue Boat Lifesaving World Championships (IC-IRB).
 - Interclub Masters Lifesaving World Championships (IC-M).
 - Interclub Open Surf Boat Lifesaving World Championships (IC-SBO).
 - Interclub Masters Surf Boats Lifesaving World Championships (IC-SBM).
 - Interclub Beach Run Lifesaving World Championships (IC-BR).

18.1 OPEN AND YOUTH NATIONAL TEAMS AND INTERCLUB TEAMS LWC

- a) The Open and Youth competition shall be conducted in men's and women's categories in the events listed below:

Pool Events	National Teams Open and Youth Maximum entries per team	Interclub Teams Open and Youth Maximum entries per club
200m Obstacle Swim	2 competitors	4 competitors
50 m Manikin Carry	2 competitors	4 competitors
100 m Rescue Medley	2 competitors	4 competitors
100 m Manikin Carry with Fins	2 competitors	4 competitors
100 m Manikin Tow with Fins	2 competitors	4 competitors
200 m Super Lifesaver	2 competitors	4 competitors
Line Throw	1 team	1 team
4 x 25 m Manikin Relay	1 team	1 team
4 x 50 m Obstacle Relay	1 team	1 team
4 x 50 m Medley Relay	1 team	1 team
4 x 50 m Mixed Pool Lifesaver Relay	1 team	1 team

Note: Each team in the 4 x 50 m Mixed Pool Lifesaver Relay Each is permitted to select the leg of the race in which their two men and two women are to participate.

Ocean Events	National Teams Open and Youth Maximum entries per team	Interclub Teams Open and Youth Maximum entries per club
Surf Race	2 competitors	4 competitors
Beach Flags	2 competitors	4 competitors
Beach Sprint	2 competitors	4 competitors
Surf Ski Race	2 competitors	4 competitors
Board Race	2 competitors	4 competitors
Oceanman/Ocean-woman (see Note)	2 competitors	4 competitors
Rescue Tube Rescue	1 team	1 team
Beach Relay	1 team	1 team
Board Rescue	1 team	1 team
Oceanman/Ocean-woman Relay	1 team	1 team
Mixed Ocean M Lifesaver Relay	1 team	1 team

Note 1: Surf and beach conditions permitting, the Oceanman and Oceanwoman finals will be conducted in the Ocean M format and will have 24 competitors in each final. The men's and women's finals will be a single race and will not be conducted in the eliminator format. The heat format (i.e., traditional or M shaped course) shall be advised in the competition programme.

Note 2: Each team competing in the National Teams and Interclub Mixed Ocean M LifeSaver Relay events must consist of two men and two women. Teams may select the legs of the event in which their two men and two women competitors participate.

SERC Event	National Teams Open and Youth Maximum entries per team	Interclub Teams Open and Youth Maximum entries per club
Simulated Emergency Response Competition	1 team	1 team

Simulated Emergency Response Competition: The SERC shall be conducted without separate men's and women's categories. Teams may consist of any combination of men and women.

18.2 NATIONAL TEAMS OPEN INFLATABLE (IRB) LWC

- a) The National Teams LWC IRB events are conducted in both open men's and women's categories. IRB competitors may compete in the events listed below:

IRB Events	National Teams Maximum Entries per Nation
Men's IRB Rescue	1 team
Women's IRB Rescue	1 team
Men's IRB Mass Rescue	1 team
Women's IRB Mass Rescue	1 team
Men's IRB Rescue Tube	1 team
Women's IRB Rescue Tube	1 team
Mixed IRB Teams Rescue	1 team

Note 1: All men's events must consist of men drivers, crew persons and patients. All women's events must consist of women drivers, crew persons and patients.

Note 2: Each team competing in the Mixed IRB Teams Rescue event must consist of one men's crew and one women's crew. Teams may select the gender order in which their men and women crews participate.

- b) IRB events do not contribute to the medal score in National Teams LWC but has its own overall point score trophy.
- c) For event descriptions, see Section 7 of the ILS Competition Rulebook.

18.3 INTERCLUB MASTERS LWC

Pool Events

- a) For LWC 2024, the following pool events shall be conducted in both men's and women's categories. For event descriptions, see Section 3 of the current edition ILS Competition Rule Book. There is no limit on the number of entries per club in all age groups of the Interclub Masters pool events.
- b) In the Interclub Masters Line Throw event, the two-person team shall compete in the age group of the younger competitor.
- c) Pool four-person team events are conducted as total-age events with competitors whose ages total 120-139 years, 140-169 years, 170-199 years, 200-229 years, and 230 years or more. The total of the four competitors' ages determines the team's age group. For

example, a team comprised of a 30-year-old, a 40-year-old, a 50-year-old, and a 60-year-old (= 180 years) would compete in the 170-199 years age group.

- d) Time-finals: In the Interclub Masters LWC, separate finals shall not be conducted for pool events. All pool events shall be conducted as time-finals. That is, each competitor swims the event only once. The competitor's final placing shall be determined on the basis of his or her time.
- e) Seeding: Competitors shall be seeded in the following manner into heats according to their submitted times with the heats swum slowest to fastest:
- If one heat: it shall be seeded as a final.
 - If two or more heats: the fastest competitors shall be seeded in the last heat (as set out in "Assignment of Lanes" Section 3.4.3 of the current edition ILS Competition Rule Book), the next fastest competitors into the second last heat, and so on until all competitors have been allocated a heat and lane according to submitted times.

Masters Pool Events	Masters Age Groups									
	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75+
200 m Obstacle Swim	X	X	X	X	X					
100m Obstacle Swim						X	X	X	X	X
100 m Manikin Carry with Fins	X	X	X	X	X	X	X	X	X	X
100 m Manikin Tow with Fins	X	X	X	X	X	X	X	X	X	X
50 m Manikin Carry	X	X	X	X	X	X	X	X	X	X

Masters Team Events	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75+
Line Throw	X	X	X	X	X	X	X	X	X	X
Total-Age Team Events	Ages total 120-139	Ages total 140-169	Ages total 170-199	Ages total 200-229	Ages total 230+					
4 x 25 m Manikin Relay	X	X	X	X	X					
4 x 50 m Medley Relay	X	X	X	X	X					
4 x 50 m Obstacle Relay	X	X	X	X	X					

Ocean Events

- a) The following ocean events (see chart below) shall be conducted in both men's and women's categories for the Interclub Masters LWC. For event descriptions, see Section 4 of the current edition ILS Competition Rule Book. There is no limit on the number of entries per club in all age groups of the Masters Interclub ocean events.
- b) Ocean individual events and the Board Rescue event are conducted in age groups as detailed in this section. In the Board Rescue event, the two-person team shall compete in the age group of the younger competitor.
- c) Ocean three-person team events are conducted as total-age events with competitors whose ages total 90-109 years, 110-129 years, 130-149 years, 150-169 years, and 170 years or more. The total of the three competitors' ages determines the team's age-group. For example, a team composed of a 30-year-old, a 40-year-old, and a 50-year-old (= 120 years) would compete in the 110-129 years age group.
- d) Oceanman/Oceanwoman swim course: If, because of prevailing surf conditions, the Oceanman/Oceanwoman swim course will significantly exceed 120 m, two single buoys laid a minimum of 10 m apart at 120 m may be used. In such circumstances the standard

swim course will be used for the board leg and for the first and third turning buoy of the surf ski leg. An apex buoy placed approximately 10 m beyond the swim buoys will complete the surf ski buoys.

Masters Ocean Events	Masters Age Groups									
	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75 +
Surf Race	X	X	X	X	X	X	X	X	X	X
Beach Flags	X	X	X	X	X	X	X	X	X	X
Beach Sprint	X	X	X	X	X	X	X	X	X	X
2 km Beach Run	X	X	X	X	X	X				
1 km Beach Run							X	X	X	X
Surf Ski Race	X	X	X	X	X	X	X	X	X	X
Board Race	X	X	X	X	X	X	X	X	X	X
Oceanman/Oceanwoman (See Notes)	X	X	X	X	X	X	X	X	X	

Note 1: The Masters Oceanman and Oceanwoman events shall be conducted over the traditional course.

Note 2: Competitors older than 75 may compete in the 70 plus Oceanman and Oceanwoman events.

Masters Team Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75+
Board Rescue	X	X	X	X	X	X	X	X	X	X

Total-Age Team Events	Ages total 90-109	Ages total 110-129	Ages total 130-149	Ages total 150-169	Ages total 170+
Surf Teams Race (3 competitors per team)	X	X	X	X	X
Surf Ski Relay (3 competitors per team)	X	X	X	X	X
Beach Relay (3 competitors per team)	X	X	X	X	X
Board Relay (3 competitors per team)	X	X	X	X	X
Oceanman/Oceanwoman Relay (3 competitors per team)	X	X	X	X	X

18.4 INTERCLUB OPEN AND MASTERS SURF BOAT LWC

- a) Surf Boat LWC competition is conducted in both men's and women's categories in the Open and Masters categories. There is no restriction on the number of club entries in each division of the Open or Masters Surf Boat LWC.

Note: Refer to the Entry Procedure Guidelines on the website for crew and sweep registration instructions. Because of entry system programming Sweeps shall be required to be entered separately to their crew as "Attendants".

- b) With the approval of the ILS Management Committee, proficient sweeps who are non-team members may act as sweeps for clubs from NLOs who are developing surf boat racing, provided the sweeps are a member of a current ILS Full Member NLO who have a history of conducting surf boat events, are endorsed by the NLO to sweep surf boats, and are registered to participate at the championships in some capacity.

- c) The surf boat competition does not contribute to the point score in National Teams or Interclub LWC.
- d) The Open Surf Boat LWC 2024 shall be conducted in the following categories:

Surf Boat Events	Interclub Crews Maximum Entries per Club
Men's Open Surf Boat	Unlimited
Women's Open Surf Boat	Unlimited
Men's 23 Years Surf Boat	Unlimited
Women's 23 Years Surf Boat	Unlimited
Men's 19 Years Surf Boat	Unlimited
Women's 19 Years Surf Boat	Unlimited

Note 1: Competitors in the Open Surf Boat LWC 2024 must comply with the age restrictions outlined in section 13.6.

Note 2: No crew or individual may compete in both Open and Reserve Grade categories.

Note 3: 19 Years or 23 Years crews or individuals may compete in their age category and either Open or Reserve Grade but not both.

Note 4: Sweeps may participate in any category as a sweep including Men's and Women's categories irrespective of their gender and age. However, sweeps may only compete in a category once, irrespective of whether they are sweeping or rowing.

- e) The Masters Surf Boat LWC 2024 shall be conducted in men's and women's categories in the following age groups:

Surf Boat Events	Masters Crews Maximum Entries per Club
Men's 120 Years Plus Surf Boat	Unlimited
Women's 120 Years Plus Surf Boat	Unlimited
Men's 140 Years Plus Surf Boat	Unlimited
Women's 140 Years Plus Surf Boat	Unlimited
Men's 160 Years Surf Plus Boat	Unlimited
Women's 160 Years Plus Surf Boat	Unlimited
Men's 180 Years Plus Surf Boat	Unlimited
Women's 180 Years Plus Surf Boat	Unlimited
Men's 200 Years Surf Plus Boat	Unlimited
Women's 200 Years Plus Surf Boat	Unlimited
Men's 220 Years Plus Surf Boat	Unlimited
Women's 220 Years Plus Surf Boat	Unlimited
Men's 240 Years Surf Plus Boat	Unlimited
Women's 240 Years Plus Surf Boat	Unlimited
Men's 260 Years Plus Boat	Unlimited
Women's 260 Years Plus Surf Boat	Unlimited

- f) The age group is calculated using the total of the ages of the four rowers in the crew and does not include the sweep.

- g) A Masters competitor may only compete in one Masters age group as a rower but may also participate in multiple age groups as a sweep.
- h) The sweep need not be a Masters competitor but must be proficient as a sweep. The sweep is considered to be gender neutral with respect to participation in men's and women's events. A woman could act as sweep with a man crew and vice versa.
- i) For event description, see Section 6 of the ILS Competition Rulebook.

18.5 INTERCLUB OPEN INFLATABLE (IRB) LWC

- a) The Interclub LWC IRB events are conducted in both open men's and open women's categories. IRB teams/competitors may compete in the events listed below:

IRB Events	Interclub Teams Maximum Entries per Club
Men's IRB Rescue	Unlimited
Women's IRB Rescue	Unlimited
Men's IRB Mass Rescue	Unlimited
Women's IRB Mass Rescue	Unlimited
Men's IRB Rescue Tube	Unlimited
Women's IRB Rescue Tube	Unlimited
Men's IRB Teams Rescue	Unlimited
Women's IRB Teams Rescue	Unlimited

Note: In Interclub IRB LWC patients are regarded as gender neutral and may compete in men's and/or women's events.

- b) IRB events do not contribute to the point score in the Interclub LWC but has its own point score trophy.
- c) For event description, see Section 7 of the ILS Competition Rulebook.

18.6 INTERCLUB OPEN AND YOUTH BEACH RUN LWC

- a) There is no restriction on the number of club entries in the Interclub Beach Run LWC.
- b) The 2 km Beach Run and 3 x 1 km Beach Run Relay Interclub LWC 2020 shall be conducted in men's and women's categories in both Open and Youth competition as follows:

Beach Run Events	Interclub Teams Maximum Entries per Club
Men's Open 2km Beach Run	Unlimited
Women's Open 2km Beach Run	Unlimited
Men's Youth 2km Beach Run	Unlimited
Women's Youth 2km Beach Run	Unlimited
Men's Open 3x1km Beach Run Relay	Unlimited
Women's Open 3x1km Beach Run Relay	Unlimited
Men's Youth 3x1km Beach Run Relay	Unlimited
Women's Youth 3x1km Beach Run Relay	Unlimited

- c) For event description, see Section 4 of the ILS Competition Rulebook.

18.7 EXTRA DEMONSTRATION/PARTICIPATION EVENTS

- a) ILS has approved that the LOC conduct the Australian March Past event (in ILS Open and Youth categories) at LWC 2024. Both are mixed gender events. Winning teams shall be awarded event medals. Refer to at <https://www.lwc2024.com> for the March Past Rules

18.8 MINIMUM NUMBER OF COMPETITORS TO CONSTITUTE A LWC EVENT

An event will be contested with at least one entry. The Chief Referee will determine how best to facilitate this (e.g., races with combined genders, age-groups). Medals will be awarded according to competitors' placing in their age group and gender.

19. SCORING

19.1 FINALS AND SCORING IN LIFESAVING WORLD CHAMPIONSHIPS

- a) For point score purposes finals are required to be conducted in the National Teams LWC Pool and Ocean Events, the National Teams IRB LWC, the Interclub LWC Pool and Ocean events, and the Interclub IRB LWC.
- In National Teams and Interclub LWC Ocean events: The highest placed 16 competitors based on heats are assigned positions in a final of 16 competitors, or in an A and B final of eight competitors each.
Note: The Ocean M and Ocean M Mixed Lifesaver Relay are both conducted with 24 competitors in the final
 - In National Teams and Interclub LWC Pool events: The fastest 16 competitors based on heats are assigned positions in an A and B final of 8 competitors each.
 - In National Teams and Interclub IRB LWC events: The highest placed 16 competitors based on heats are assigned positions in an A and B final of eight competitors each.
- b) Winners of A finals shall be declared Lifesaving World Champions.
- c) In the Interclub Masters LWC, finals shall not be conducted for pool events. All pool events shall be conducted as timed finals. That is, each competitor swims the event only once. The competitor's final placing shall be determined on the basis of his or her time. Competitors shall be seeded according to their submitted times with the time-finals swum slowest to fastest.
- e) For the Interclub Masters, Surf Boat, and Beach Run LWC there is no point score. Only A finals are required to determine winners and place getters in these LWC.
- f) Teams competing in National Teams Open and Youth LWC, Interclub Open and Youth LWC, National Teams IRB and Interclub IRB LWC shall be allocated the following points based on team member placing in finals:

Place	Points		Place	Points
1 st	20		9 th	8
2 nd	18		10 th	7
3 rd	16		11 th	6
4 th	14		12 th	5
5 th	13		13 th	4
6 th	12		14 th	3
7 th	11		15 th	2
8 th	10		16 th	1

Note: The National Teams Open and Youth LWC are separate championships with separate point scores for both.

In determining the point score ranking please note:

- There shall be no point score blocking. All competitors are eligible to earn points for their team.
- In finals, if two teams tie for first, each receives first-place points (20). The next placed team is awarded third place and receives 16 points, and so on.
- Ties in this team ranking point scores shall be broken using the following system:
 - Most first-place final finishes.
 - Most second-place final finishes.
 - Most third-place final finishes; and so on.
- Competitors or teams must advise if they intend to withdraw from an A or B final within thirty minutes of the finalists being announced. Competitors or teams who withdraw or do not start (DNS) in an A or B final shall not earn any points for their team's point score (i.e., zero points are scored for a "no show").
- Where one or more competitors in any LWC withdraw from an A or B final, competitors shall be called forward to finals as detailed in the current edition ILS Competition Rule Book.
- Competitors who do not finish (DNF) or who are disqualified in an A final shall earn eight points. Competitors who do DNF or are disqualified in a B final shall earn one point. (See Section 2.14 Disqualifications and DNF classifications in the current edition ILS Competition Rule Book.)
- However, competitors shall not earn any points if they are disqualified for "competing unfairly" or for a "serious discipline offence" (refer section 2 in the current edition ILS Competition Rule Book.)
Note: For clarification of "elimination" vs "disqualification" for Beach Flags refer to the Beach Flags event description in the current edition ILS Competition Rule Book.
- No points shall be credited to any team if an event is cancelled – even if some heats have been conducted.

20. AWARDS

20.1 NATIONAL TEAMS OPEN LWC

- a) Overall: A result will be declared, and awards shall be presented to the first, second, and third place Open National Teams, based on the overall point score (as detailed in Section 15) for all pool and ocean events and the Simulated Emergency Response Competition.
 - "The Alan B. Whelpton, AO" Trophy shall be presented to the winning team of the National Teams Open LWC.
 - Individual awards shall be presented to each member of the first, second and third place teams, and to a maximum of two management or coaching personnel per team.
- b) Pool events – overall: A result will be declared, and an award shall be presented to the first-place team in pool events, based on the point score of all pool events but excluding the SERC.
 - Pool events – overall men's team: A result shall be declared but no award presented to the men's team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay events and the SERC, based on the total men's point score.
 - Pool events – overall women's team: A result shall be declared but no award presented to the women's team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total women's point score.
- c) Ocean events – overall: A result will be declared, and an award shall be presented to the first-place team in ocean events based on the point score of all ocean events.
 - Ocean events – overall men's team: A result shall be declared but no award presented to the men's team placing first overall in ocean events but excluding the Mixed Ocean M Lifesaver Relay event, based on the total men's point score.

- Ocean events – overall women’s team: A result shall be declared but no award presented to the women’s team placing first overall in ocean events but excluding the Mixed Ocean M Lifesaver Relay event, based on the total women’s point score.
- d) SERC: A result will be declared and “*The Royal Life Saving Society Trophy*” shall be presented to the national team placing first in the SERC.
- e) Event winners: Individual awards shall be presented to the first three places in the final of all events in the National Teams Open LWC. Event winners shall be recognised as Open National Teams Lifesaving World Champions in those events. In addition, placing/finalist certificates shall be awarded to those individuals and teams in all finals of the LWC.
- Note:** The placing/finalist certificates will be provided digitally after the conclusion of the LWC through the ILS Results Database. The availability and the administrative process for producing and distributing these certificates will be advised to NLOs by ILS following the LWC.

20.2 NATIONAL TEAMS YOUTH LWC

- a) Overall: A result will be declared, and awards shall be presented to the first, second and third place Youth National Teams, based on the overall point score (as detailed in Section 15) for all pool and ocean events and the SERC.
- A trophy shall be presented to the winning team of the National Teams Youth LWC.
 - Individual awards shall be presented to each member of the first, second and third place teams, and to a maximum of two management or coaching personnel per team.
- b) Pool events – overall: A result will be declared, and an award shall be presented to the first-place team in pool events, based on the point score of all pool events but excluding the SERC.
- Pool events – overall men’s team: A result shall be declared but no award presented to the men’s team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total men’s point score.
 - Pool events – overall women’s team: A result shall be declared but no award presented to the women’s team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total women’s point score.
- c) Ocean events – overall: A result will be declared, and an award shall be presented to the first-place team in ocean events based on the point score of all ocean events.
- Ocean events – overall men’s team: A result shall be declared but no award presented to the men’s team placing first overall in ocean events but excluding the Mixed Ocean M Lifesaver Relay event, based on the total men’s point score.
 - Ocean events – overall women’s team: A result shall be declared but no award presented to the women’s team placing first overall in ocean events but excluding the Mixed Ocean M Lifesaver Relay event, based on the total women’s point score.
- e) Event winners: Individual awards shall be presented to the first three places in the final of all events in the Youth National Teams Youth LWC. Event winners shall be recognised as Youth National Teams Lifesaving World Champions in those events. Event winners: Individual awards shall be presented to the first three places in the final of all events in the Open National Teams Youth LWC. Event winners shall be recognised as Open National Teams Lifesaving World Champions in those events. In addition, placing/finalist certificates shall be awarded to those individuals and teams in all finals of the LWC.
- Note:** The placing/finalist certificates will be provided digitally after the conclusion of the LWC through the ILS Results Database. The availability and the administrative process for producing and distributing these certificates will be advised to NLOs by ILS following the LWC.

20.3 NATIONAL TEAMS IRB LWC

- a) Overall: A result will be declared, and awards shall be presented to the first, second and third place national team, based on the overall point score (as detailed in Section 15) for the events contested.
- b) The Harry Brown OAM Memorial Trophy will be presented to the winning team of the National Teams IRB LWC. Individual awards shall be presented to each member of the first, second and third place teams, and to a maximum of two management or coaching personnel per team.
- c) Event winners: Individual awards shall be presented to the first three places in the final of all events at the National Teams IRB LWC. Event winners shall be recognised as National Teams IRB Lifesaving World Champions in those events.

20.4 INTERCLUB OPEN LWC

- a) Overall: A result will be declared, and awards shall be presented to the first, second and third place Open Interclub Team, based on the overall point score (as detailed in Section 15) for all pool and ocean events and the SERC.
The Kevin Weldon Trophy shall be presented to the winning club team of the Open Interclub LWC.
Individual awards shall be presented to each member of the first, second and third place teams, and to a maximum of two management or coaching personnel per team.
- b) Pool events – overall: A result will be declared, and The Josef Schmitz Memorial Trophy shall be presented to the club placing first in the pool events based on the total point score of all pool events but excluding the SERC.
Pool events – overall men’s team: A result shall be declared but no award presented to the men’s team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total men’s point score.
Pool events – overall women’s team: A result shall be declared but no award presented to the women’s team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total women’s point score.
- c) Ocean events – overall: A result will be declared, and The Mike Mortimer Memorial Trophy shall be presented to the club placing first in the ocean events based on the total point score of all ocean events.
Ocean events – overall men’s team: A result shall be declared but no award presented to the men’s team placing first overall in ocean events but excluding the Mixed Ocean M Lifesaver event, based on the total men’s point score.
Ocean events – overall women’s team: A result shall be declared but no award presented to the women’s team placing first overall in ocean events but excluding the Mixed Ocean M Relay Lifesaver event, based on the total women’s point score.
- d) SERC: A result will be declared, and an award shall be presented to the first-place team in the SERC.
- e) Event winners: Individual awards shall be presented to the first three places in the final of all events of the Open Interclub LWC. Event winners shall be recognised as Open Interclub Lifesaving World Champions in these events.

20.5 INTERCLUB YOUTH LWC

- a) Overall: A result will be declared, and awards shall be presented to the first, second and third place Youth Interclub team, based on the overall point score (as detailed in Section 15) for all pool and ocean events and the SERC.
Individual awards shall be presented to each member of the first, second and third place teams, and to a maximum of two management or coaching personnel per team.

- b) Pool events – overall: A result will be declared, and an award shall be presented to the club placing first in the pool events based on the total point score of all pool events but excluding the SERC.
- Pool events – overall men’s team: A result shall be declared but no award presented to the men’s team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total men’s point score.
- Pool events – overall women’s team: A result shall be declared, but no award presented to the women’s team placing first overall in pool events but excluding the Mixed Pool Lifesaver Relay event and the SERC, based on the total women’s point score.
- c) Ocean events – overall: A result will be declared, and an award shall be presented to the club placing first in the ocean events including the Mixed Ocean M Relay Lifesaver event based on the total point score of all ocean events.
- Ocean events – overall men’s team: A result shall be declared, but no award presented to the men’s team placing first overall in ocean events but excluding the Mixed M Ocean Lifesaver event, based on the total men’s point score.
- Ocean events – overall women’s team: A result shall be declared, but no award presented to the women’s team placing first overall in ocean events but excluding the Mixed Ocean M Lifesaver Relay event, based on the total women’s point score.
- d) SERC: A result will be declared, and an award shall be presented to the first-place team in the SERC.
- e) Event winners: Individual awards shall be presented to the first three places in the final of all events of the Youth Interclub LWC. Event winners shall be recognised as Youth Interclub Lifesaving World Champions in these events.

20.6 INTERCLUB MASTERS LWC

Within each Masters age group, awards shall be presented to the first three places in the final of all events at the Interclub Masters LWC. Event winners shall be recognised as Interclub Masters World Lifesaving Champions.

Note: There shall be no club award presented for the Interclub Masters LWC.

20.7 INTERCLUB OPEN and MASTERS SURF BOAT LWC

Awards shall be presented to the overall first, second, and third place crews in each of the Open and Masters categories at the Surf Boat LWC. The first-place crews shall be recognised as Interclub Surf Boat Lifesaving World Champions in that category.

Note: There shall be no club award presented for the Open or Masters Surf Boat LWC.

20.8 INTERCLUB BEACH RUN LWC

Awards shall be presented to the overall first, second, and third place competitors in both the individual and relay events in the Open and Youth Categories at the Interclub Beach Run LWC. The first-place individuals and shall be recognised as Interclub Beach Run Lifesaving World Champions in that category. The first-place beach relay teams shall be recognised as Interclub Open Beach Run Lifesaving World Champions in that category.

Note: There shall be no club award presented for the Interclub Beach Run LWC.

20.9 INTERCLUB INFLATABLE RESCUE BOAT (IRB) LWC

- a) Overall: A result will be declared, and awards shall be presented to the first, second and third place interclub team, based on the overall point score (as detailed in Section 15) for the events contested.
- b) The Charles Thomson, MBE O. St. J Memorial Trophy will be presented to the winning team of the Interclub IRB LWC.

- c) Event winners: Individual awards shall be presented to the first three places in the final of all events at the Interclub IRB LWC. Event winners shall be recognised as Interclub IRB Lifesaving World Champions in those events.

20.10 PRESENTATIONS, CEREMONIES AND FUNCTIONS

Official ceremonies shall be conducted throughout the championships. The ceremonies and functions include:

- An overall LWC Opening Ceremony.
- Individual Opening Ceremonies for each LWC.
- Victory Ceremonies for each LWC event conducted.
- Victory Ceremonies declaring overall winners of the Open and Youth National and Interclub teams and IRB National and Interclub teams.
- Individual Closing Ceremonies for each LWC.
- An overall LWC Closing Ceremony.
- An ILS Gala Dinner (open to all attendees at the LWC).
- Technical Officials Recognition Functions.
- Closing Parties.

Note: All involved in any medal presentation or ceremony are expected to comply with the ILS procedures and standards detailed in Part C.

21. FLAGS AND BANNERS

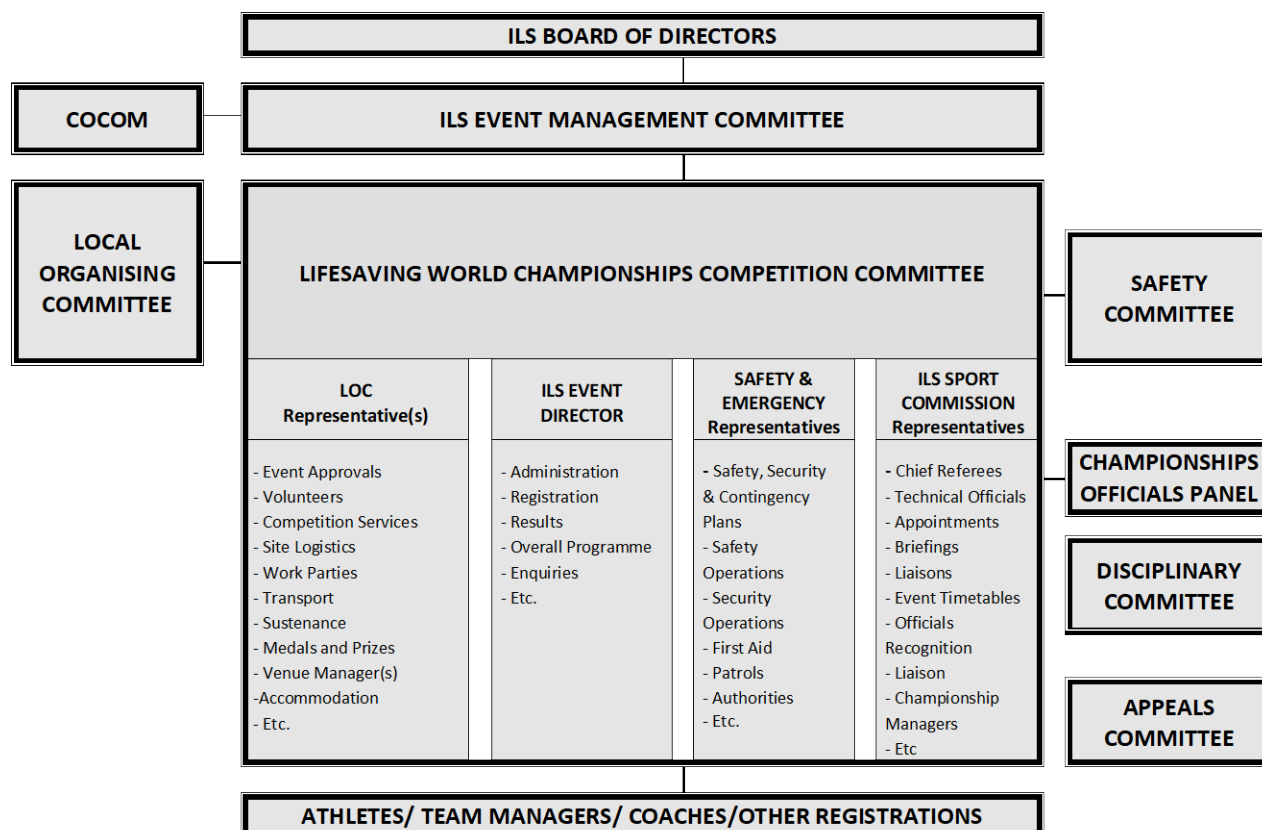
- a) Each National Team shall bring a national flag to the LWC for use in opening, closing ceremonies (and victory ceremonies when digital flags are not used). The recommended flag shall measure approximately 192 mm in length and 128 mm in height.
- b) The organising committee will provide banners or plates indicating the nation.
- c) Flags and banners shall be carried at the official opening ceremony. In addition, organisers may request the flags and banners to be displayed at the competition sites, official functions, and award presentations.
- d) On flags and banners in the National Teams LWC, the nation's identity (i.e., national flag) shall be prominent although other elements (national team name and/or symbol) may be included.
- e) On flags and banners in the Interclub Masters LWC, the club identity (name and/or symbol) shall be prominent, although other elements (e.g., country, or NLO) may be included.

Note: Flags and Banners are not permitted to be taken onto the podium for medal or awards presentations

22. TECHNICAL OFFICIALS

- a) The roles and responsibilities of Technical Officials are outlined in Section 2 of the current edition ILS Competition Rule Book.
- b) The Competition Committee shall call for nominations for Chief Referees and other Technical Officials and appointment shall be as detailed in the ILS Competition Operations Manual (refer to ILS Office for details).

23. ANNEXURE: LWC ORGANISATION STRUCTURE SCHEMATIC DIAGRAM



24.ANNEXURE: 2024 LWC PROGRAMME AND KEY DATES

(Current as at 1 November 2023)

DAY/DATE 2024	TIME (Approx.)		MEETINGS / FUNCTION / EVENT DESCRIPTION	VENUE
	From	To		
Mon 19 Aug	07:00	17:00	Administration/Registration Centre Opens	Kurrawa, Broadbeach
Tue 20 Aug	All Day		Arrival of ILS EMC and ILS Staff	
Wed 21 Aug	10:00	13:00	Meeting: ILS EMC and LOC Meeting	Kurrawa SLS Club
	17:00	21:00	Masters & Technical Officials Welcome BBQ	Kurrawa Festival Zone
Thu 22 Aug	09:00	15:00	Meeting: ILS Sport Commission	Sofitel Hotel
	17:00	19:00	Function: LOC & ILS Sports Commission/ ILS EMC Welcome Function (By Invitation)	Sofitel Hotel
Fri 23 Aug	07:30	07:45	Interclub Masters: Opening of Championships	Gold Coast Aquatic Centre
	08:00	16:00	Inter Club Masters: Pool – Day 1	Gold Coast Aquatic Centre
Sat 24 Aug	08:00	16:00	Inter Club Masters: Pool – Day 2	Gold Coast Aquatic Centre
	08:30	19:00	Conference: ILS Coach and Officials Conference	TBA
	15:00	17:00	Meeting: ILS President, ILS Sec General, four Vice Presidents and four Commission Chairs	Sofitel Hotel
Sun 25 Aug	09:00	17:00	Meetings: ILS Rescue, Drowning Prevention and Business Commission Meetings:	Sofitel Hotel
	08:00	16:00	Interclub Masters: Pool – Day 3	Gold Coast Aquatic Centre
	18:00	21:00	Function: ILS Grand Knights/Knights Dinner (Closed function)	Kurrawa SLS Club, Beachfront Room
Mon 26 Aug	09:00	16:00	Meeting: ILS Outgoing Board-of-Directors Meeting	Sofitel Hotel
	08:00	16:00	Interclub Masters: Ocean – Day 1	Kurrawa, Broadbeach
	17:30	19:30	Function: Civic Reception (By invitation)	HOTA Amphitheatre
Tue 27 Aug	09:00	15:00	Meetings: Regional General Assemblies	Sofitel Hotel
	13:00	15:00	Workshop: National Team's Medical Staff	Kurrawa SLS Club
	08:00	16:00	Interclub Masters: Ocean – Day 2	Kurrawa, Broadbeach
	16:00	18:00	Opening Ceremony: LWC 2024 Gold Coast	Kurrawa, Broadbeach
Wed 28 Aug	07:30	07:45	Interclub Surf Boats: Opening of Championships	Kurrawa, Broadbeach
	08:00	16:00	Interclub Masters: Ocean – Day 3	Kurrawa, Broadbeach
	08:00	12:00	National Team Youth: SERC	Gold Coast Aquatic Centre
	08:30	16:00	Interclub Surf Boat Masters - Day 1	Kurrawa, Broadbeach
	09:00	16:00	Meetings: ILS General Assembly	Sofitel Hotel
	12:00	17:00	National Team Open: SERC	Gold Coast Aquatic Centre
	16:00	16:15	Interclub Masters: Closing of Championships	Kurrawa, Broadbeach
	20:00	23:00	Interclub Masters: Closing Party	Kurrawa Festival Zone
19:00	22:00	Function: ILS Gala Dinner	Sofitel Hotel	
Thu 29 Aug	09:00	12:00	Meeting: ILS General Assembly & Incoming BoD meeting	Sofitel Hotel
	14:00	16:00	Meeting: Incoming BoD meeting	Sofitel Hotel
	08:30	11:00	Interclub Masters Surf Boat - Day 2	Kurrawa, Broadbeach
	12:00	16:00	Interclub Open Surf Boat – Day 2	Kurrawa, Broadbeach
	08:00	16:00	National Team Youth: Ocean - Day 1	Kurrawa, Broadbeach
	08:00	16:00	National Team Open: Pool – Day 1	Gold Coast Aquatic Centre
17:00	19:00	Function: LWC24 Ambassador Function (By Invitation)	Kurrawa SLS Club	

DAY/DATE 2024	TIME (Approx.)		MEETINGS / FUNCTION / EVENT DESCRIPTION	VENUE
	From	To		
Fri 30 Aug	08:00	16:00	Interclub Surf Boat – Day 3	Kurrawa, Broadbeach
	08:00	16:00	National Team Youth: Ocean - Day 2	Kurrawa SLS Club
	08:00	16:00	National Team Open: Pool – Day 2	Gold Coast Aquatic Centre
	17:30	19:30	Developing Nations Function (By Invitation)	Kurrawa, Broadbeach
Sat 31 Aug	08:00	16:00	Interclub Open Surf Boat – Day 4	Kurrawa, Broadbeach
	08:00	16:00	National Team Youth: Pool - Day 1	Gold Coast Aquatic Centre
	08:00	16:00	National Team Open: Ocean – Day 1	Kurrawa, Broadbeach
	16:00	16:30	Interclub Surf Boat: Closing of Championships	Kurrawa, Broadbeach
	19:00	23:00	Interclub Surf Boat: Closing Party	Kurrawa Festival Zone
Sun 1 Sep	08:00	16:00	National Team Youth: Pool - Day 2	Gold Coast Aquatic Centre
	08:00	16:00	National Team Open: Ocean – Day 2	Kurrawa, Broadbeach
	10:00	13:00	Demonstration Event: Nippers with Disabilities	Kurrawa, Broadbeach
	16:30	17:00	National Team Youth: Closing of Championships	Gold Coast Aquatic Centre
	16:00	17:00	National Team Open: Closing of Championships	Kurrawa, Broadbeach
	19:00	23:00	National Team Youth: Closing Party	Kurrawa Festival Zone
	19:00	23:00	National Team Open: Closing Party	Kurrawa Festival Zone
Mon 2 Sep	07:30	07:45	Interclub Youth: Opening of Championships	Gold Coast Aquatic Centre
	08:15	12:00	Interclub Youth: SERC	Gold Coast Aquatic Centre
	12:30	12:45	Interclub Open: Opening of Championships	Gold Coast Aquatic Centre
	13:00	17:00	Interclub Open: SERC	Gold Coast Aquatic Centre
	19:00	21:00	Function: TO “Thank You Function” (By invitation)	Kurrawa, Broadbeach
Tue 3 Sep	07:00	08:00	2 km Youth Beach Run	Kurrawa, Broadbeach
	08:00	16:00	Interclub Youth Ocean – Day 1	Kurrawa, Broadbeach
	08:00	17:00	Interclub Open Pool – Day 1	Gold Coast Aquatic Centre
Wed 4 Sep	08:00	10:00	3 x 1 km Youth Beach Run Relay	Kurrawa, Broadbeach
	07:30	07:45	IRB Championships: Opening of Championships	Kurrawa Surf Club
	08:00	12:00	National Team IRB Championships	Kurrawa, Broadbeach
	08:00	16:00	Interclub Open Pool – Day 2	GC Aquatic Centre
	08:00	17:00	Interclub Youth Ocean – Day 2	Kurrawa, Broadbeach
	12:00	16:00	Interclub IRB Interclub Championships – Day 1	Kurrawa, Broadbeach
Thu 5 Sep	08:00	16:00	Interclub IRB Championships – Day 2	Kurrawa, Broadbeach
	08:00	16:00	Interclub Youth Ocean – Day 3	Kurrawa, Broadbeach
	08:00	17:00	Interclub Open Pool – Day 3	Gold Coast Aquatic Centre
Fri 6 Sep	07:00	08:00	2 km Open Beach Run	Kurrawa, Broadbeach
	08:00	16:00	Interclub IRB Championships – Day 3	Kurrawa, Broadbeach
	08:00	17:00	Interclub Youth: Pool – Day 1	Gold Coast Aquatic Centre
	08:00	16:00	Interclub Open Ocean – Day 1	Kurrawa, Broadbeach
Sat 7 Sep	07:00	08:00	3 x 1 km Open Beach Run Relay	Kurrawa, Broadbeach
	08:00	16:00	Interclub IRB Championships – Day 4	Kurrawa, Broadbeach
	08:00	17:00	Interclub Youth: Pool – Day 2	Gold Coast Aquatic Centre
	08:00	16:00	Interclub Open Ocean – Day 2	Kurrawa, Broadbeach
	14:00	15:00	Interclub Open & Youth March Past	Kurrawa, Broadbeach
	16:00	16:00	Interclub IRB Championships: Closing of Championships	Kurrawa, Broadbeach
	19:00	23:00	Interclub IRB: Closing Party	Kurrawa Festival Zone
	18:00	20:00	Function: LOC Thank You Function (By Invitation)	Kurrawa SLS Club

DAY/DATE 2024	TIME (Approx.)		MEETINGS / FUNCTION / EVENT DESCRIPTION	VENUE
	From	To		
Sun 8 Sept	08:00	15:00	Interclub Youth: Pool – Day 3	Gold Coast Aquatic Centre
	15:00	15:30	Interclub Youth: Closing of Championships	Gold Coast Aquatic Centre
	08:00	15:00	Interclub Open Ocean – Day 3	Kurrawa, Broadbeach
	16:00	16:03	Closing Ceremony: LWC 2024 Gold Coast	Kurrawa, Broadbeach
	19:00	23:00	Interclub Open: Closing Party	Kurrawa Festival Zone
	19:00	23:00	Interclub Youth: Closing Party	Kurrawa Festival Zone
Mon 9 Sept	All day		Departures	

Note 1: This programme may be subject to change. Please refer to the LWC 2024 website at <https://www.lwc2024.com> for updates.

Note 2: Subject to entries received, Interclub IRB Racing may start earlier than 12 noon on Wednesday 4th September 2024.

25. ANNEXURE: ENTRY GUIDE TIMES (QUALIFICATION TIMES) FOR INDIVIDUAL EVENTS

LWC 2024 Entry Guide Times			Women	Men
	Age	Event	Entry Guide Times	Entry Guide Times
Youth	Youth	200m Obstacle Swim	03:05.83	02:55.11
	Youth	50m Manikin Carry	00:51.06	00:43.82
	Youth	100m Manikin Carry with Fins	01:14.00	01:08.94
	Youth	100m Manikin Tow with Fins	01:27.76	01:15.01
	Youth	200m Super Lifesaver	03:33.48	03:11.66
	Youth	100m Rescue Medley	01:45.32	01:29.46
Open	Open	200m Obstacle Swim	03:02.82	02:49.74
	Open	50m Manikin Carry	00:49.18	00:41.66
	Open	100m Manikin Carry with Fins	01:13.95	01:06.06
	Open	100m Manikin Tow with Fins	01:23.10	01:13.53
	Open	200m Super Lifesaver	03:24.11	03:06.49
	Open	100m Rescue Medley	01:40.56	01:25.59
Masters	Masters M30	200m Obstacle Swim	03:15.21	02:54.27
	Masters M30	50m Manikin Carry	00:50.24	00:43.20
	Masters M30	100m Manikin Carry with Fins	01:17.70	01:09.17
	Masters M30	100m Manikin Tow with Fins	01:27.57	01:15.03
	Masters M35	200m Obstacle Swim	03:29.70	03:06.18
	Masters M35	50m Manikin Carry	00:51.75	00:46.05
	Masters M35	100m Manikin Carry with Fins	01:28.30	01:12.20
	Masters M35	100m Manikin Tow with Fins	01:32.65	01:22.51
	Masters M40	200m Obstacle Swim	03:37.77	03:18.82
	Masters M40	50m Manikin Carry	00:59.63	00:50.59
	Masters M40	100m Manikin Carry with Fins	01:33.02	01:18.81
	Masters M40	100m Manikin Tow with Fins	01:39.49	01:25.56
	Masters M45	200m Obstacle Swim	03:38.11	03:18.58
	Masters M45	50m Manikin Carry	01:00.57	00:50.67
	Masters M45	100m Manikin Carry with Fins	01:37.33	01:19.01
	Masters M45	100m Manikin Tow with Fins	01:41.83	01:26.00
	Masters M50	200m Obstacle Swim	03:40.78	03:27.05
	Masters M50	50m Manikin Carry	01:04.26	00:51.74
	Masters M50	100m Manikin Carry with Fins	01:42.00	01:22.85
	Masters M50	100m Manikin Tow with Fins	01:46.51	01:31.36
	Masters M55	100m Obstacle Swim	01:46.05	01:37.73
	Masters M55	50m Manikin Carry	01:03.60	00:54.57
	Masters M55	100m Manikin Carry with Fins	01:49.83	01:23.43
	Masters M55	100m Manikin Tow with Fins	01:46.46	01:35.75
	Masters M60	100m Obstacle Swim	01:43.90	01:39.68
	Masters M60	50m Manikin Carry	01:03.74	00:56.31
	Masters M60	100m Manikin Carry with Fins	01:48.62	01:30.00
	Masters M60	100m Manikin Tow with Fins	01:47.31	01:37.32
	Masters M65	100m Obstacle Swim	02:18.93	01:46.57
	Masters M65	50m Manikin Carry	01:28.71	01:03.76
Masters M65	100m Manikin Carry with Fins	02:14.55	01:44.34	
Masters M65	100m Manikin Tow with Fins	02:12.74	01:46.33	
Masters M70	100m Obstacle Swim	02:24.73	02:03.67	
Masters M70	50m Manikin Carry	01:29.58	01:14.51	
Masters M70	100m Manikin Carry with Fins	02:35.42	02:02.77	
Masters M70	100m Manikin Tow with Fins	02:48.98	01:59.51	
Masters M75	100m Obstacle Swim*	02:30.00	02:15.00	
Masters M75	50m Manikin Carry*	01:37.50	01:21.00	
Masters M75	100m Manikin Carry with Fins*	02:48.00	02:16.50	
Masters M75	100m Manikin Tow with Fins*	03:07.50	02:30.00	
*No World Record yet published - times are estimates				
Based on World Records as at 03/10/2022 + 50%				



LIFESAVING WORLD CHAMPIONSHIPS

GOLD COAST – QUEENSLAND – AUSTRALIA - 2024

HANDBOOK

PART C - ADDITIONAL INFORMATION

1. OPENING CEREMONIES

1.1 GRAND OPENING CEREMONY FOR THE LWC

A Grand Opening Ceremony will take place on a suitable site such as a city square or either of the beach or swimming pool venues. It features National Teams, officials, and volunteers. Parading participants are to be marshalled and briefed on details.

Ceremonial Presentation

The Ceremonial presentation is as follows:

a) Preparation and Seating

- The Master of Ceremony announces the start of the Opening Ceremony of the Lifesaving World Championships (LWC).
- The city authorities, dignitaries, VIPs, major sponsors, ILS authorities and the invited ILS family sit in the Grandstand and on appropriate places.
- Spectators sit or stand in appropriate places.

b) Parade

- The Master of Ceremony introduces the parade.
- The national teams march into the venue accompanied music and behind their name plate and a member of their team carrying their flag. The entry order is in alphabetical order. The host nation closes the list. The national team competitors and team officials are dressed in their national dress or sports attire.
- Technical Official follow the national teams dressed in uniform.
- Then the Volunteers follow dressed in their uniform.
- Each nation is welcomed as they pass the grandstand.
- The Master of Ceremonies announces the end of the parade.

c) **Speeches**

- The Master of Ceremony invites the speakers one by one to the podium in order of the local authority, the Host President, the Organising Committee Chair, and the ILS President.
- Participants stand for the national anthem and raising of the flag of the Host nation.
- The ILS song is played, and the ILS flag is raised.
- The highest authority declares the opening of the LWC: "I declare open the year Lifesaving World Championships in (city) – (country)."

d) **Oaths**

- The Master of Ceremony invites the person carrying the ILS Flag to the podium.
- An athlete's oath is delivered while the competitors are touching the ILS flag with one hand each: "In the name of all competitors, we promise that we shall take part in these National Teams Lifesaving World Championships, respecting and abiding by the rules which govern them, committing ourselves to a sport without doping and without drugs, in the true spirit of sportsmanship and fair play, for the glory of the lifesaving sport and the honour of our teams."
- A technical official's oath is delivered while the technical officials are touching the ILS flag with one hand each: "In the name of all the technical officials, we promise that we shall officiate in these National Teams Lifesaving World Championships with complete impartiality, respecting and abiding by the rules which govern them, in the true spirit of sportsmanship."
- A coach's oath is delivered while the team officials are touching the ILS flag with one hand each: "In the name of all the coaches and team officials, we promise that we shall commit ourselves to ensuring that the spirit of sportsmanship and fair play is fully adhered to and upheld in accordance with the fundamental principles of Lifesaving."
- All teams, technical officials and volunteers march down while music is played and then sit down to view the Entertainment.

e) **Artistic and/or Entertainment Presentation.**

The Artistic/entertainment presentation allows the host country to showcase its past, future, culture, and other elements.

1.2 **OTHER CHAMPIONSHIP OPENING CEREMONIES**

Apart from the Grand Opening Ceremony an opening ceremony for the specific LWCs may be programmed. The venue shall be either the beach or the swimming pool venue of the LWC and the elements may include.

- A welcome to the specific LWC on behalf of ILS.
- An athlete's oath as above detailing the specific LWC.
- A technical official's oath as above detailing the specific LWC.
- A coach's oath as above detailing the specific LWC.

Note: The athlete, technical official and coach's oaths are optional at other LWC opening ceremonies (unless the LWC precedes the Grand Opening Ceremony).

The programming for these opening ceremonies shall be communicated as part of event timetables etc.

2. **VICTORY CEREMONIES**

2.1 **VICTORY CEREMONY: MEDAL CEREMONIES**

Each of the events at the Lifesaving World Championships end with a medal ceremony. The medal ceremony can be conducted after the event or events at the respective venue or can be presented at a Medal Plaza.

Note: Unless otherwise advised the announcement and awarding of overall Teams LWC trophies (for the relative open/youth pool and ocean, SERC, and IRB point score trophies)

shall take place at the competition venue as soon as practical following the conclusion of all competition at the venue. Team members are to be dressed as per the requirements for medal presentations.

a) Ceremony Preparation

- The award deliverers, medal winners and presenter escorts take position on the backstage.
- For National Teams Open and Youth LWC, the national flags or slides are prepared.

Note: There is no flag raising for and any Interclub LWCs.

b) Ceremony Begins

- The LWC Signature Tune is played.
- The Master of Ceremony (MC) announces the Ceremony: "Ladies and gentlemen the Medal Ceremony for the (event) at the. (Open/Youth National Teams, Interclub, Masters, National Teams or Interclub IRB, Surf Boat, or Beach Run or Extra as appropriate) Lifesaving World Championships will now begin. Please welcome the medallists".
- Music starts. The escort followed by the competitors, followed by the presenters followed by the medal carrier enter the stage. The medallists take position at the marks behind the podium (in a row formation). The medal presenter take position on the left side of the podium. The MC is at the right side of the podium. Once all people are in position, the music fades out.

c) Presentation Begins

- The MC introduces the presenters: "The medals will be presented by (title) (forename) (name) (function)".
- The MC speaks: "The winner(s) of the bronze medal(s), is/are (name(s)), representing (country/club as appropriate)".
- The competitor/team steps onto the platform and the medal presenter takes the medal(s) and steps to the competitor/team, place the medal over the head to the neck and then shakes their hand and says "*congratulations*" or similar.
- The MC speaks: "The winner(s) of the silver medal(s), is/are (name(s)), representing (country/club as appropriate)".
- The competitor/team steps onto the platform and the medal presenter takes the medal(s) and steps to the competitor/team, place the medal over the head to the neck and then shakes their hand and says "*congratulations*" or similar.
- The MC speaks: "The winner of the gold medal(s) is/are (forename(s)) (name(s)) representing (country/club as appropriate)".
- The competitor/team steps onto the platform and the medal presenter takes the medal(s) and steps to the competitor/team, place the medal over the head to the neck and then shakes their hand and say "*congratulations*" or similar.

d) National Anthem (only played for National Teams Open, Youth and LWC)

- The MC speaks: "Ladies and gentlemen, please stand in respect of the national anthem of (country)".
- The National Anthem is played.
- Flag bearers raise the national flags on the national anthem of the gold medallist(s), or the digitised flags are displayed.
- Medallists, presenters, and cast turn to face the flagpole to witness the raising of the flags or the digitised display for the duration of the anthem.

e) Closing

- The MC speaks: "*Ladies and gentlemen, congratulate the medallists*".
- Photo time of maximum 30 seconds.
- The MC speaks: "*Ladies and gentlemen, this concludes the Medal Ceremony for the*".

(race). Please let us once again congratulate the medallists”.

- Signature Tune start, the escort followed by the competitors, followed by the presenters followed by the medal carrier exit the stage to the sport presentation waiting tent or area.

2.2 VICTORY CEREMONY: DRESS CODE

Victory ceremonies are extremely important to the competitors, their NLOs, their nations, the spectators, and the media. They will, therefore, be carefully planned and conducted in a dignified manner. Victory Ceremonies that are well-prepared and conducted in a proper setting, with official announcements, medal presentations, flag raising, and music provide traditional and memorable opportunities to recognise medal-winning competitors' accomplishments in a dignified and attractive atmosphere.

a) Dress Code

The ILS enforces proper dress code for participants of the ceremony. Before entering the stage, the Victory Ceremony team will ensure that the athletes are correctly dressed. The organiser will refuse to let any athlete take with him/her any forbidden items. No Sports Equipment or Accessories may be brought to the victory ceremony location. No personal accessories, including but not limited to mobile phones, water bottles, national flags, and camera devices, are permitted on podiums. National Flags cannot be brought to the stage for any victory ceremony.

The Team Manager is primarily responsible for ensuring that all items worn or used by the members of their delegation comply with these ILS Guidelines.

b) Dress Code – Competitors

Allowed (in order of preference):

- Team uniform and normal or sports shoes.
- Team track suit: long pants and jacket and under the jacket a polo shirt or t-shirt, or short pants and track suit jacket or, short pants and a national polo or t-shirt.
- Team competition caps at ocean event presentations.
- Sport shoes, thongs or barefoot is allowed.

Not Allowed

- National Flags or other Flags cannot be brought to the stage for any victory ceremony.
- Swimming costumes.
- Competitors are not allowed to wear political or non-approved clothing or attire, sunglasses, hats, caps, headbands, or bring signs, badges, bottles, competition equipment and other such items to the stage.

The sports attire may include the name of the company producing the training jacket and pants. If that name is present, it should not exceed 120 cm² for the jacket and 120 cm² for the pants. An additional sponsor can be added on the jacket, but such cannot be larger than 120 cm².

c) Dress Code – Medal Presenters

The medal presenters shall wear appropriate clothing.

The following is allowed (in order of preference):

- For men: suit, or jacket, and tie.
- For women: dress, or skirt and blouse, and jacket (optional).
- Footwear: Shoes. Sandals but not flip flops (thongs) are permitted at beach presentations.
- Medal presenters should not wear political or non-approved clothing or attire, or bring signs, badges, bottles, competition equipment and other such items to the stage.

- Medal Presenters are permitted to wear sunglasses and hats or caps at outdoor venues.

3. CLOSING CEREMONIES

3.1 OUTLINE OF CLOSING CEREMONIES

A Closing Ceremony may be conducted for all Championships where medals are still to be presented and/or where point score trophies are to be awarded. All ceremonies should include a Ceremonial presentation.

In addition, a final closing ceremony shall be conducted following the completion of the final LWC competition.

The closing ceremony may be conducted at the pool or ocean venue or at the Lifesaving Village where medals are presented.

a) Final Award Presentations

The awards presentation:

- Any outstanding medals in individual and team events are awarded.
- For the Open and Youth National Teams are announced for the pool, then ocean, and finally the overall winner classification. For the pool and ocean trophy the results from the tenth placed team to the second placed team are announced. The Team Manager or Captain of the first placed team accepts the trophy on the podium.
- For the Open and Youth National Teams the Master of Ceremony finishes with the overall results. The results from the tenth team to the fourth team are announced. The competitors and a maximum of two team management of the third, second first placed team accepts the trophy in that order on the podium.
- For the Open and Youth National Teams the Master of Ceremony finishes with the overall results

The Trophies to be awarded at the various ceremonies are:

National Teams

Open:

Overall winning team - The Alan B. Whelpton, AO Trophy

Pool point score - Trophy

Ocean point score – Trophy

SERC Winning Team - The Royal Life Saving Society Trophy

Youth:

Overall winning team - Trophy

Pool point score - Trophy

Ocean point score – Trophy

SERC Winning Team - Trophy

National Team IRB:

Overall winning team – Harry Brown OAM Memorial Trophy

Interclub Teams LWC

Open:

Overall winning team – The Kevin Weldon AM Trophy

Pool point score - The Josef Schmitz Memorial Trophy

Ocean point score – The Mike Mortimer Memorial Trophy

SERC Winning Team - Trophy

Youth:

Overall winning team - Trophy

Pool point score - Trophy

Ocean point score – Trophy

SERC Winning Team - Trophy

Interclub IRB:

Overall winning team – The Charles Thomson, MBE Memorial Trophy

b) LWC Closure

The final closing ceremony (which for LWC 2024 is at the conclusion of the Open Interclub Teams LWC) shall involve further components and follows the completion of any outstanding medal ceremonies including:

- The Announcement of the start of the Closing Ceremony of the whole LWC.
- The naming of the nations present at the LWC and statistics on participation.
- The Master of Ceremony invites the speakers one by one to the podium in order of highest-ranked local authority, the Host President, Organising Committee Chair, and the ILS President.
- The Master of Ceremony invites the participants to stand for the national anthem of the host country and flag.
- The national anthem is played, and the national flag is lowered.
- The ILS song is played, and the ILS flag is lowered.
- The flag is handed over from the host of the current LWC then to ILS and finally to the host of the next LWC.
- A speech by the host of the next LWC and a video (if any) on the next championships.
- A closing message by the Master of Ceremony.
- Closing Music is played.

4. MEDALS FOR THE LIFESAVING WORLD CHAMPIONSHIPS

The medals for all LWCs (Open, Youth and IRB National Teams and Open, Youth and IRB Interclub, Masters, Surfboat, Beach Run and Extra) will be of the same design and quality.

The variation between the National Team (Open and Youth and IRB), Interclub (including Open and Youth, IRB, Surfboat, Beach Run and Extra) and Masters LWC shall be the colour of the ribbon (i.e., different colours to be used).

4.1 SPECIFICATIONS

a) Recipients

The top three competitors/teams in each event receive medals.

b) Distribution

The competitors and a maximum of two team management of the top three teams in Open and Youth National receive LWC receive medals.

c) Design

The medals for the winners are in golden colours, the medals for the second place are in silver colours and the medal for the third place are in bronze colours.

The EMC shall approve the design and quality of the LWC medals proposed by the LOC.

Different coloured ribbons may be used for the National Team (Open, Youth and IRB) for the Interclub (Open, Youth, IRB, Surf Boat, IRB), for Masters, and Extra events to differentiate the LWCs and the Extra competitions. The ribbons may also include the LWC and ILS logos.

5. PAST ILS LIFESAVING WORLD CHAMPIONSHIP LOCATIONS

- 1986 Vancouver, Canada
- 1988 Southport (Pool and Ocean), Australia
- 1990 Lubeck (Pool) and Travemunde (Ocean), Germany
- 1992 Shimoda (Pool and Ocean), Japan
- 1994 Cardiff (Pool) and Newquay (Ocean), United Kingdom
- 1996 Durban (Pool and Ocean), South Africa
- 1998 Auckland (Pool) and Red Beach (Ocean), New Zealand
- 2000 Homebush (Pool) and Manly (Ocean), NSW, Australia
- 2002 Orlando (Pool) and Daytona Beach (Ocean), USA
- 2004 Livorno (Pool) and Viareggio (Ocean), Italy
- 2006 Geelong (Pool) and Lorne (Ocean), Victoria, Australia
- 2008 Berlin (Pool) and Warnemunde (Ocean), Germany
- 2010 Alexandria (Pool and Ocean), Egypt
- 2012 Marion (Pool), Glenelg and Christies Beach (Ocean), South Australia, Australia
- 2014 Montpellier (Pool) and La Grande Motte (Ocean), France
- 2016 Eindhoven (Pool) and Noordwyk (Ocean), Netherlands
- 2018 Marion (Pool) and Glenelg (Ocean), South Australia, Australia
- 2020 Postponed due to Covid-19 Pandemic
- 2022 Riccione (Pool and Ocean), Italy
- 2024 Gold Coast (Pool and Ocean), Queensland, Australia